



## **Patient Information**

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### **Lipid Profiles**

Most laboratory tests require no special preparation on the part of the patient. There are some, however, that do.

#### **What do I need to know about the Lipid Profile?**

This test requires a 14-hour fast prior to blood collection.

Fasting means that you should not have anything to eat or drink, (except a little water and any medicine that has been ordered for you). Although, your doctor may instruct you not to take your medicine.

Fasting includes not chewing gum, even sugarless variety. Smoking and exercise may also affect your test.

For additional information call (317) 736-3500