

# BRIGHT HORIZONS AT LISLE

## What's on the Menu?



Week of 02/11/19	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>BREAKFAST</b>	<ul style="list-style-type: none"> <li>Cheerios</li> <li>Bananas</li> <li>Organic Milk</li> </ul>	<ul style="list-style-type: none"> <li>French Toast Casserole</li> <li>Apples</li> <li>Organic Milk</li> </ul>	<ul style="list-style-type: none"> <li>Homemade Banana Muffins</li> <li>Pears</li> <li>Organic Milk</li> </ul>	<ul style="list-style-type: none"> <li>Whole Wheat Mini Bagels</li> <li>Cream Cheese</li> <li>Apples</li> <li>Organic Milk</li> </ul>	<ul style="list-style-type: none"> <li>Crispex</li> <li>Bananas</li> <li>Organic Milk</li> </ul>
<b>MORNING SNACK</b>	<ul style="list-style-type: none"> <li>French Toast Sticks</li> <li>Cucumber Slices</li> <li>Water</li> </ul>	<ul style="list-style-type: none"> <li>Trail Mix</li> <li>Oranges</li> <li>Water</li> </ul>	<ul style="list-style-type: none"> <li>Graham Crackers</li> <li>Apples</li> <li>Water</li> </ul>	<ul style="list-style-type: none"> <li>Whole Grain Vanilla Wafers</li> <li>Oranges</li> <li>Water</li> </ul>	<ul style="list-style-type: none"> <li>Homemade Pineapple Carrot Loaf</li> <li>Pears</li> <li>Water</li> </ul>
<b>LUNCH</b>	<ul style="list-style-type: none"> <li>Teriyaki Glazed Meatballs</li> <li>Steamed Brown Rice</li> <li>Stir Fried Vegetables</li> <li>Pears</li> <li>Organic Milk</li> </ul>	<ul style="list-style-type: none"> <li>Beefy Mac</li> <li>Steamed Carrots</li> <li>Pears</li> <li>Organic Milk</li> </ul>	<ul style="list-style-type: none"> <li>Chicken and Dumplings with Fresh Vegetables</li> <li>Oranges</li> <li>Organic Milk</li> </ul>	<ul style="list-style-type: none"> <li>Chicken Tacos on Whole Wheat Tortillas</li> <li>Salsa and Cheddar</li> <li>Steamed Green Beans</li> <li>Pears</li> <li>Organic Milk</li> </ul>	<ul style="list-style-type: none"> <li>Homemade Tomato Soup</li> <li>Grilled Cheese Sandwich</li> <li>Steamed Cauliflower</li> <li>Oranges</li> <li>Organic Milk</li> </ul>
<b>AFTERNOON SNACK</b>	<ul style="list-style-type: none"> <li>Wheat Crackers</li> <li>Oranges</li> <li>Water</li> </ul>	<ul style="list-style-type: none"> <li>Ants on a Log</li> <li>Water</li> </ul>	<ul style="list-style-type: none"> <li>Crackers</li> <li>Fresh Carrots</li> <li>Water</li> </ul>	<ul style="list-style-type: none"> <li>Rice Cakes</li> <li>Soy Butter</li> <li>Bananas</li> <li>Water</li> </ul>	<ul style="list-style-type: none"> <li>Apple Cinnamon Nutrigrain Bar</li> <li>Cucumber Slices</li> <li>Water</li> </ul>
<b>TAKE HOME SNACK</b>	<ul style="list-style-type: none"> <li>Graham Crackers</li> </ul>	<ul style="list-style-type: none"> <li>Oyster Crackers</li> </ul>	<ul style="list-style-type: none"> <li>String Cheese</li> </ul>	<ul style="list-style-type: none"> <li>Nutrigrain Bar</li> </ul>	<ul style="list-style-type: none"> <li>Bananas</li> </ul>

### We Serve Healthy Meals

- Vegetarian alternatives available
- Organic whole milk served to Infants and Toddlers
- Organic 1% milk served to Twos, Preschool, and Kindergarten Prep
- All meals included in the tuition
- All meals served family style

