

July 2019 Menu

7 Week of 07/01/19 – 07/05/19	AM Snack	Lunch	PM Snack
Monday	Cereal Milk	Chili Wheat Saltines Cheese Squares Peaches Milk	Applesauce Cake Milk
Tuesday	Banana Bread Milk	Rice Casserole (ground pork and cabbage) Peas and Carrots Pineapple Milk	Wheat Bread Squares with Jelly Milk
Wednesday	Oatmeal Squares Milk	Sun Butter and Jelly on Wheat Bread Raw Broccoli and Cauliflower Mixed Fruit Milk	Orange Slices Wheat Thins Milk
Thursday	Closed for Independence Day		
Friday	Boiled Eggs Saltines Milk	Chicken and Cheese Quesadilla Cooked Carrots Apple Slices Milk	Soft Pretzels Marinara Sauce Water

8 Week of 07/08/19 – 07/12/19	AM Snack	Lunch	PM Snack
Monday	Biscuits and Jelly Milk	Shepherd's Pie Beets Peaches Milk	Vanilla Wafers Milk
Tuesday	Bagels with Cream Cheese Milk	Turkey Ham on Wheat Mixed Veggies Pears Milk	Applesauce with Whole-Grain Cinnamon Crackers Water
Wednesday	½ Banana Orange Slices Milk	Sloppy Joes Baked Beans Mixed Fruit Milk	Tortillas with Sun Butter or Cream Cheese Water
Thursday	Pumpkin Bread Milk	Grilled Cheese on Wheat Tomato Soup with Pasta Peas and Carrots Milk	Oatmeal Squares Milk
Friday	Cereal Milk	Spaghetti with Meat Sauce Green Beans Corn Milk	Cracker Stackers (Crackers, cheese, and Sliced Meat) Water

July 2019 Menu

1 Week of 07/15/19 – 07/19/19	AM Snack	Lunch	PM Snack
Monday	Oyster Crackers Cheese Slices Milk	Macaroni and Cheese Peas Beets Milk	Chex Mix Milk
Tuesday	Zucchini Bread Milk	Cheese Pizza Rounds on an English Muffin Green Beans Mixed Fruit Milk	Tortilla Chips or Ritz Crackers with Salsa Milk
Wednesday	Tortillas with Cream Cheese Milk	Turkey Ham on Wheat Carrot and Celery Sticks with Dip Orange Slices Milk	Yogurt and Fruit Water
Thursday	Toast Milk	Bean and Cheese Burritos Corn Peaches Milk	Graham Crackers Milk
Friday	Cereal Milk	Pasta Salad (Ham, Pepperoni, Cheese, and Veggies) Whole Grain Crackers Pineapple mixed with Pears Milk	Pita Bread with Ranch Dressing Carrot Sticks Water

2 Week of 07/22/19 – 07/26/19	AM Snack	Lunch	PM Snack
Monday	Wheat French Toast Sticks Milk	Chicken Noodle Soup (with added veggies and chicken) Wheat Saltines and Cheese Pineapple Milk	Graham Crackers Applesauce Water
Tuesday	Cereal Milk	Tuna on Wheat Bread Celery and Cucumbers Apple Slices Milk	Bananas Milk
Wednesday	Yogurt and Granola Milk	Chili Wheat Saltines Peaches Carrot Sticks Milk	Soft Pretzels Marinara Sauce Water
Thursday	Cinnamon Biscuits Milk	Pancakes with Sausage Mixed Berries Apple Slices Milk	Applesauce Cake Milk
Friday	Oatmeal Milk	Mashed Potatoes with Hamburger Gravy Broccoli Pears Milk	Cheese Nips and Wheat Thins Milk