

BRIGHT HORIZONS

What's on the Menu?



March 4-8	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
BREAKFAST	Cereal Peaches Milk	Turkey Sausage Waffles Oranges Milk <i>Cheese</i>	Raisin Toast Sun Butter Pineapple Milk <i>Other Fruit</i>	Egg w/Cheese & Sausage Casserole Banana Milk <i>Sweet Potato & Eggs</i>	Oatmeal Pears Milk
LUNCH	Mushroom Swiss Burger* Tropical Fruit Butternut Squash Milk <i>Turkey Burger</i>	Green Eggs Ham Bread/Butter Mixed vegetables Peaches Milk	Turkey Tetrazzini* Mixed Berries Green Beans Milk <i>No Meat Tetrazzini</i>	Goulash Peaches Corn Milk <i>No Meat Goulash</i>	Diced Pork Applesauce Broccoli Milk <i>Garden Burger</i>
AFTERNOON SNACK	Graham Crackers Mixed Berries Milk	No Bake Granola Bar* Blueberries Milk	Cheese Cubes Apple Slices Water	Cranberry Orange Muffin* Pears Milk	Cinnamon Pita Points* Cherry Pear Salsa* Water

We Serve Healthy Meals

- Vegetarian meal options available
- Fresh fruits and vegetables served daily
- All meals are baked, not fried
- Proteins include chicken, turkey, beef, tofu, cheese, and beans
- Whole milk served to infants and toddlers
- 1% milk served to young preschool, preschool, and kindergarten prep
- All meals served family style

I/T: Infant/Toddler Alternative

V: Vegetarian Alternative



BRIGHT HORIZONS

What's on the Menu?



March 11-15	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
BREAKFAST	Cereal Pears Milk	Bagel Cream Cheese Fruit Cocktail Milk <i>Other Fruit</i>	Scrambled Eggs Roasted Potatoes Milk	Pancakes Banana Milk	English Muffin Sausage Strawberries Milk <i>Cheese</i>
LUNCH	Beefy Baked Tortellini Diced Mango Broccoli Milk <i>Cheese baked Tortellini</i>	Turkey & Cheese Sub Strawberries Roasted Diced Yams Milk <i>Cranberry Cream Cheese Wrap</i>	Sloppy Joe Bun Peaches Yukon Potatoes Milk <i>Veggie Burger Other Vegetable</i>	Beef Barley Vegetable Soup Grilled Cheese Raspberries Milk	Pesto Ravioli & Chicken Mandarin Oranges Green Beans Milk <i>Pasta Primavera Other Vegetable</i>
AFTERNOON SNACK	Cornbread Muffin Applesauce Milk	Fruit Snack Bar Mandarin Oranges Water	Cinnamon Grahams Pears Water <i>Applesauce & Raisins</i>	Soft Pretzels Cheese Milk	Granola Bar Pears Water <i>Cereal</i>

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What's on the Menu?



March 18-22	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
BREAKFAST	Cereal Peaches Milk	Breakfast Pizza Tropical Fruit Sausage Milk	English Muffin Sun Butter Blueberries Milk	Ham & Cheese Omelet Banana Milk <i>Cheese Omelet</i>	Waffles Strawberries Milk
LUNCH	Meatloaf* Dinner roll Fruit Cocktail Garlic Mashed Potatoes Milk <i>Vegetarian Loaf</i> <i>Other Fruit</i>	Spaghetti Pears Malibu Vegetables Milk <i>Vegetarian Lasagna</i>	BBQ Chicken Mandarin Oranges Peas Milk <i>Black Bean Risotto</i>	Chili Cornbread Muffin Diced Pears Milk <i>Vegetarian Chili</i>	Baked Ham & Swiss Sandwich Diced Pineapple Green Beans Milk <i>Grilled Swiss Sandwich</i>
AFTERNOON SNACK	Strawberries Cream Cheese Naan Bread Milk	Wheat Crackers Applesauce Milk	Cheese Stick Apple Nutrigrain Bar Water	Cottage Cheese Diced Peaches Water	Cheddar Crackers Bananas Milk

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BRIGHT HORIZONS

What's on the Menu?



March 25-29	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
BREAKFAST	Cereal Cherries Milk	Bagel Pumpkin Cream Cheese* Peaches Milk	French Toast Sticks Bananas Turkey Sausage Milk Cheese Stick	Ham & Egg Casserole Biscuits Milk Vegetarian Casserole	Pancakes Banana Turkey Sausage Milk Cheese Stick
LUNCH	Beef Stroganoff * Diced Mango Green Beans Milk No Meat Stroganoff	Grilled Cheese Tomato Soup Diced Pears Milk	Salisbury Steak * Diced Strawberries Mixed Vegetables Milk Black Bean Burger	Cheese Ravioli Herb Breadstick Diced Mixed Berries Roasted Potatoes Milk	Roasted Turkey Dinner Roll Mandarin Orange Broccoli Mac & Cheese
AFTERNOON SNACK	Baked Apple Cheese Cubes Water	Graham Cracker Yogurt Water	Applesauce & Craisin Snack wrap Milk	Baked Granola & Peach Cobbler * Milk	Pita Bread Cream Cheese Salsa * Water

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BRIGHT HORIZONS

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April 1-5	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
BREAKFAST	Cereal Pears Milk	Biscuit Egg Patty Peaches Milk <i>Sausage Patty</i>	Bagel with Sun Butter Banana Milk	Waffles Mango Milk	Oatmeal Peaches Milk
LUNCH	Black Bean Burrito* Mixed Berries Diced Sweet Potatoes Milk	Hot Meatball Sandwich* Pineapple Salad Mix Milk <i>Cheese Sandwich</i> <i>Other Vegetable</i>	Pizza Diced Oranges Lettuce Salad Milk <i>Other Vegetable</i>	Chicken & Dumplings Casserole* Cherries Peas Milk <i>Scrambled Egg with Hash Browns</i>	Mac & Cheese Garlic Toast Roasted Diced Cauliflower Raspberries Milk
AFTERNOON SNACK	Yogurt Cereal Water	Cheese Cubes Cinnamon Apples Water	Blueberry Lemon Bites Fruit Cocktail Milk	Wheat Crackers Cream Cheese Banana Water	Cereal Snack Mix* Orange slices Milk

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