May 2018

Bright Horizons at Spotswood 732-251-2686 |

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Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		Apple Cinnamon Muffins String Cheese	Whole Wheat English Muffins with Butter Pita Chips and Salsa	3 Chex Cereal with Milk Assorted Snack	Cucumber with Hummus	5
6	7 Whole Grain Waffles & Sugar Free Syrup Cheese and Crackers	8 Cinnamon Raisin Bread with Butter Fresh Apples with Soybutter	9 Whole Grain Cereal Bars Carrots and Ranch Dressing	Yogurt and Granola Soft Pretzels	Bagel with Cream Cheese Trail Mix	12
13 Mothers' Day	Cornbread Pita Chips and Guacamole	Whole Wheat Toast with Butter Graham Crackers Ramadan begins	16 Life Cereal with Milk Trail Mix	Whole Grain Blueberry Muffins Apple Rice Cakes	Whole Grain Cheerios and Milk Assorted Snack	19
20	21 Cinnamon Raisin Bread with Butter String Cheese	22 Whole Grain Pancakes & Sugar Free Syrup Fresh Oranges	Whole Grain Cereal Bars Cheese and Crackers	24 Whole Grain Biscuit with Jelly Assorted Snack	25 Assorted Breakfast Bananas and Yogurt	26
27	28 CENTER CLOSED Memorial Day	29 Whole Grain Cheerios with Milk Assorted Snack	30 Whole Grain Apple Muffins Sliced Apples	31		