

BRIGHT HORIZONS

What's on the Menu?

April 29-May 3



	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
MORNING SNACK	Toasted oats* Fresh pineapple Milk	Crispy rice Fresh pears Milk	English muffins* w/jelly Fresh bananas Milk	Cornflakes Fresh oranges Milk	Banana muffin squares* Fresh mango Milk
LUNCH	Chili con carne (beef) w/beans Hush puppies Mixed green salad w/watermelon radishes [ranch] (carrots) Milk	Old Bay baked cod Brown rice* Green beans Fresh strawberries Milk	Turkey & cheese sandwiches* Fresh apple wedges (oranges) Lentil soup Milk	Baked spaghetti *w/ cheese & tomatoes, French bread* Mixed green salad (carrots) Milk	Baked chicken drumsticks, breadsticks* Slaw (cabbage) Yukon gold mashed potatoes Milk
AFTERNOON SNACK	Goldfish crackers* Fresh oranges	Pretzel roll Sliced cheese	Granola muffin squares* Fresh pears	Graham crackers w/ sunflower seed butter Fresh pears	Homemade Chex mix Fresh bananas

- Meal service provided by the CCSA
- Unflavored whole milk must be served to 1 year olds; unflavored low-fat or fat-free milk must be served to children 2 through 5 years old
- Substitutions for age group restrictions are indicated by parenthesis
- Substitutions provided for medical needs/documentated family preferences
- *Designates Whole Grain Rich

Parents: This menu is subject to change without notice due to deliveries and emergencies.

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Early Education & Preschool

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What's on the Menu?

May 6-10



	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
MORNING SNACK	Toasted oats* Fresh oranges Milk	Bagels* (mini bagels) w/cream cheese Fresh pineapple Milk	Kix* Fresh apples (pears) Milk	Lemon poppy muffin squares* Fresh oranges Milk	Special K Fresh bananas Milk
LUNCH	Cheese pizza Three bean salad Fresh fruit cup Milk	Chicken noodle* tetrazzini Peas Fresh bananas Milk	Spaghetti* w/meat sauce & tomatoes Green beans Fresh orange wedges Milk	Tuna melts on English muffins* Kale salad (kale) Fresh bananas Milk	Brunch for Lunch: French toast [syrup] Scrambled eggs Fresh NC strawberries Cucumber coins Milk
AFTERNOON SNACK	Animal crackers Fresh apples (oranges)	Applesauce muffin squares* Fresh pears	String cheese Wheat thins* (Saltines)	Yogurt Homemade granola	Banana oatmeal chews* Fresh pears

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What's on the Menu?

May 13-17



	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
MORNING SNACK	Corn Chex* Fresh oranges Milk	Biscuits* w/honey Fresh pears Milk	Kix Fresh oranges Milk	Crispy rice Fresh bananas Milk	Cornflakes Fresh pears Milk
LUNCH	Breaded fish filet [ketchup] Breadsticks* Cabbage Fresh mango Milk	Arroz con queso (rice w/beans & cheese) Broccoli Fresh pineapple Milk	Black bean & sweet potato chili w/ beef Hush puppies Fresh bananas Milk	New Orleans Red Beans and Rice* Mixed green salad [honey French](spinach) Fresh NC strawberries Milk	BBQ chicken sandwiches* Fresh sliced grapes Potato wedges Milk
AFTERNOON SNACK	Cheez-its Fresh melon	Pimiento cheese Celery sticks (crackers)	Sunbutter Graham crackers Fresh apples (pears)	Blueberry banana muffin squares Fresh oranges	Ranch cheese dip Pita wedges*

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What's on the Menu?

May 20-24



	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
MORNING SNACK	Bran flakes* Fresh pineapple Milk	English muffins* w/jelly Fresh oranges Milk	Rice Chex Fresh bananas Milk	Vanilla yogurt with granola* Fresh NC strawberries Milk	Oatmeal muffin squares* Fresh bananas Milk
LUNCH	Salmon cakes [tartar sauce] Breadsticks* Corn & pepper salad Fresh orange wedges Milk	Cheese quiche Fresh fruit cup w/NC strawberries & grapes Carrot salad (carrots) Milk	Turkey tamale casserole with cornmeal crust* Raw broccoli [ranch] (cooked) Fresh mango Milk	Beef stew with carrots & potatoes Peas French bread* Milk	Cheese sandwiches* Minestrone soup w/beans Fresh apple wedges (oranges) Milk
AFTERNOON SNACK	String cheese Fresh apples (pears)	Tuna salad Saltine crackers	Orange muffin squares* Fresh pears	Animal crackers Cheese cubes	Pita wedges* Sweet potato hummus

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What's on the Menu?

May 27-31



	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
MORNING SNACK	Center Closed	Crispy rice* Fresh oranges Milk	Kix* Fresh apples (pears) Milk	Wheat bread* Hard cooked eggs Fresh oranges Milk	Toasted oats* Fresh bananas Milk
LUNCH		Sloppy Joes on bun* Potato salad Spinach Milk	Macaroni* and cheese Fresh fruit salad w/ NC strawberries Peas Milk	Chicken salad wraps* Fresh apple wedges (oranges) Tomato soup Milk	Vegetarian chili w/beans Cornbread* Sweet potatoes Milk
AFTERNOON SNACK		Yogurt Homemade granola	Fresh bananas Sunflower butter	Homemade Chex mix Fresh melon	Sliced turkey sandwich Cucumber coins

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