



Jeannette Cathy Children's Center Weekly Menu



Menu Prepared By: Sandra Strother, Kitchen Manager

Approved by: Gemorial Johnson, Director

Week: 12.31.2018	Monday December 31	Tuesday January 01	Wednesday January 02	Thursday January 03	Friday January 04
Breakfast	Rice Chex Frozen Blueberries Allergy: Gluten-Free Rice Chex Frozen Blueberries Infants: Frozen Blueberries	Happy Holidays!	Whole Grain Pancakes Applesauce Allergy: Gluten-Free Pancakes Applesauce Infants: Applesauce	Whole Grain Cheerios Fresh Bananas Allergy: Corn Cereal Fresh Bananas Infants: Fresh Bananas	Hash Brown Casserole Frozen Peaches Allergy: Gluten-Free Hash Brown Casserole w/Egg Replacer, Dairy-Free Cheese Frozen Peaches Infants: Frozen Peaches
Lunch	Chicken Pot Pie w/Vegetables Steamed Broccoli Frozen Peaches Allergy: Chicken Pot Pie w/Vegetables & Gluten-Free Bread Steamed Broccoli Frozen Peaches Infants: Steamed Broccoli Frozen Peaches	Happy Holidays!	Turkey Chili Whole Grain Brown Rice Roasted Corn Mixed Berries Allergy: Turkey Chili Whole Grain Brown Rice Roasted Corn Mixed Berries Infants: Mixed Berries	Turkey Ham Salad Spinach & Kale Salad Fresh Apples Allergy: Turkey Ham Salad w/ Dairy- Free Mayo on Gluten-Free Bread Spinach & Kale Salad Fresh Apples Infants: Applesauce	Turkey Burgers Roasted Potato Wedges w/Peppers Fresh Orange Slices Allergy: Turkey Burgers Roasted Potatoes Wedges Fresh Oranges Infants: Mandarin Oranges
P.M. Snack	Bread Sticks Marinara Sauce Allergy: Gluten-Free Bread Sticks Marinara Sauce Infants: Bread Sticks	Happy Holidays!	Roasted Tomato Spread Wheat Crackers Allergy: Roasted Tomato Spread Rice Crackers Infants: Wheat Crackers	Vanilla Yogurt Strawberry Muffins Allergy: Mixed Fruit Cup Gluten-Free Bars Infants: Vanilla Yogurt	Snack Mix Allergy: Gluten-Free Snack Mix Infants: Snack Mix

Note: Whole Milk for Infants & Toddlers. 1% Milk for Early Preschool, Preschool, Kindergarten Prep, & Camp when present.

Note: Fruits will be fresh, frozen or packed in fruit juice.

Note: Menu subject to change based on availability.