



BRIGHT HORIZONS AT MARSHFIELD CLINIC HEALTH SYSTEM

From the Director

The Peaceable Home: How to Curb Sibling Rivalry and Create a More Peaceful Home Environment

More than any other environment or setting, family life tends to bring out the best and worst in us. In families, we first learn to trust, love, and cooperate. Children can be nurtured and supported in a way that can't be replicated by any institution. But family life isn't always easy. It demands a lot from both parents and from children. Conflict is bound to happen in this social microcosm. In other words, siblings are going to fight. But accepting some sibling rivalry as a normal part of raising children doesn't mean that you have to concede your home as a battlefield. You play a vital role in helping your children build relationships. Read on to learn when and how to intervene in the sibling wars:

Be an example. Children are little sponges, absorbing everything we do and say. You are your child's first model of how to interact peacefully with others. Think about how you respond to your partner or your children when you're frustrated. How do you treat neighbors, the grocery store clerk, or that driver who cut in front of you in traffic?

Establish a peaceful family culture

Teach skills

Set limits

Observe and analyze

Avoid making comparisons

Have fun and smile

Tonya Glamann
Director

Important Dates

January

Parent Survey Month

1-Center Closed

Week of the 7th- Breakfast to go

16- Parent Partnership Mtg

21- 4K has class

25- NO School

Week of 21st- Great Kindness Challenge

February

8- PPG Valentines Dance

20- PPG Mtg

Week of 25th- Dr Suess Spirit Week

Reasons to Celebrate

Every month we celebrate the amazing women and men that work so diligently in ensuring that each child and family that attends our Early Education Center and Preschool has the best high quality care and top notch education within our community. Below are those individuals that are celebrating Anniversaries this month with Bright Horizons. Please join me in celebrating their amazing work and dedication to the field of education and to our center!

Tonya B – 24 years!



Infant

A child's first year is full of adventure and achievements. They work to build their independence, and to strengthen and refine their movements. They also begin to engage and explore the world around them. The way we learn to make intentional movements and become aware of our bodily power is to choose our toys and engage in play both indoors and outdoors. Playing outdoors allows infants to explore their natural world and begin to understand the physical properties of snow and water.

Toddler

Math Counts is a thrilling way for toddlers to make sense of their world. Toddler teachers provide children with rich opportunities for manipulating objects and experimenting with quantity, spatial relations and numbers. A toddler room is full of items children can sort, stack, match and compare which will help them take their first steps toward understanding important math concepts. Peg boards with pegs provide children with the opportunity to learn the special concepts of on/off, understand quantity of one or more than one, less and count to three or more.

Transition

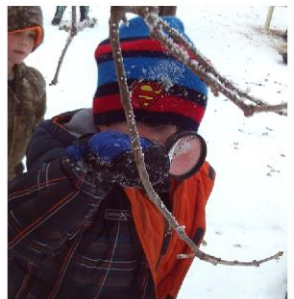
Cooking activities provide rich opportunities for learning. In this picture, the transition children joined Ms. Carol in the Culinary Space to make cookies. The kids developed math skills while picking the different cookie shapes and science skills as they helped mix the many ingredients together to form the dough. They were also able to creatively decorate their cookies using a variety of sprinkles. For many, the best part of the whole project was being able to taste the cookies!

Preschool

Winter weather brings new questions and new investigations to children's minds. Their normal play environment looks so different in cold weather after snowfall. Why do the trees look like there is glass on them? Is ice as cold as snow? Do ice and snow melt the same? Bringing out different scientific tools for investigation and discovery, such as magnifying glasses and thermometers, encourages our preschool children to ask questions and help them to find some of those answers on their own

School-Age

In our school age program children are able to manipulate tools, such as a hammer and chisel, to safely carve into wood. The children are taught proper safety precautions including how to safely work close to others. They are monitored by a teacher while also being allowed to explore their growing abilities.



Giving Gifts from the Heart

Have you considered that generosity is a learned behavior that delights the givers as well as the receivers? By making gifts and cards for others, children experience the intrinsic joy of giving something they have created.

It's easy for adults to decide what to make and which materials to use. But remember, this is an offering from children. Within the realm of available resources, help them develop their ideas. Inspire their thoughts about the recipient. "What do you think you'd like to make for Aunt Alice?" "What does she like to do?" Remember, it's what children create that counts; suggest they draw pictures and dictate their sentiments.

In addition to family and friends, think about people beyond those we typically hold near and dear to us. Cards, artwork, and crafts made by children are a heartfelt way to say you care and show appreciation to military personnel, firefighters, police officers, librarians, residents in nursing homes, and others in the community.

Children are very resourceful and might have their own ideas for gifts. Below are a few simple gift suggestions to consider:

Picture frames

Children glue four wooden tongue depressors together to make a frame and then decorate the frame with paint, and add recycled materials such as odd puzzle pieces, small pieces of paper or fabric, and twigs. Be aware of choking hazards with young children.

Decorative boxes

Children paint recycled or purchased wooden/cardboard boxes and then decoupage photographs from magazines or photos of themselves onto the surfaces.

Sculptures

Children can create sculptures using commercial or home-made clays, wood, or recycled objects. Be sure to have lots of glue on hand.

Paper holders

These might be as simple as finding a unique rock, painting it, and using glue to attach a clothespin. A second option is to glue wood scraps together, paint the sculpture and add one or two clothespins to the top.

Planters

Children paint pots and use Mod Podge (purchased at a craft shop) to attach colorful tissue paper (cut into small squares). Another option is to use photographs and pictures from magazines.

Jewelry

Children make necklaces or bracelets by stringing commercial or homemade beads. They can create pins by gluing found objects (such as loose puzzle pieces or Legos) to a pin back and painting over the creation.

2019 Parent Satisfaction Survey

We value your feedback!

Each year, we ask families to give us important feedback and opinions about our center. This information helps us assess our strengths, and identify areas for improvement. We are truly committed to providing the highest quality education for your child and we believe that every opinion counts.

The survey is available from January 2nd – 31st. Please take a few moments to share your thoughts!

brighthorizons.com/parentsurvey

Featured Parenting Podcast Episode

Building Your Parenting Village



Overwhelmed by working parenthood? Stop trying to do it all alone. “People say I need help, but I don’t know where to get it,” says our guest Daisy Dowling. Get Daisy’s tips on who to ask for help, how to rally your village of volunteers, and why her secret isn’t doing more — but getting more done.

Ep. 22: Building Your Parenting Village

brighthorizons.com/bhpodcastep22

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<https://child-care-preschool.brighthorizons.com/wi/marshfield/saintjosephshospital>

Monday – Friday 5:30 a.m. to 6:30 p.m.