

OCTOBER

LUNCH



BRIGHT HORIZONS FAMILY SOLUTIONS PSL - Early Childhood Lunch

Monday	Tuesday	Wednesday	Thursday	Friday
September 28, 2020	September 29, 2020	September 30, 2020	October 1, 2020	October 2, 2020
			HAMBURGER PATTIES Bun ^ Baked Beans Sliced Apples Mustard Ketchup Choice of Milk	HERO SANDWICH^ French Fries Fresh Banana Light Mayonnaise Ketchup Choice of Milk
October 5, 2020	October 6, 2020	October 7, 2020	October 8, 2020	October 9, 2020
CHEESE PIZZA ^ Green Beans Diced Pears Choice of Milk	CRISPY CHICKEN PATTY ^ Bun ^ Broccoli Diced Peaches BBQ Sauce Choice of Milk	TACO MEAT Soft Tortilla ^ Corn Fresh Banana Salsa Choice of Milk	TURKEY HAM & CHEESE PANINI ^ Golden Potato Rounds Fresh Plum Ketchup Light Mayonnaise Choice of Milk	SLOPPY JOE Bun ^ Mixed Vegetables Applesauce Cup Choice of Milk
October 12, 2020	October 13, 2020	October 14, 2020	October 15, 2020	October 16, 2020
3 CHEESE PANINI ^ Green Beans Applesauce Choice of Milk	ROTINI PASTA BAKE^ Mixed Vegetables Diced Peaches Choice of Milk	HAMBURGER Bun ^ Corn Fresh Banana Mustard Ketchup Choice of Milk	SCRAMBLED EGGS W/DICED TURKEY HAM Golden Potato Rounds Fresh Plum ENGLISH MUFFIN ^ Ketchup Choice of Milk	BAKED CHICKEN NUGGETS^ Baked Beans Diced Pears Honey Mustard Choice of Milk
October 19, 2020	October 20, 2020	October 21, 2020	October 22, 2020	October 23, 2020
BEAN & CHEESE BURRITO ^ Corn Mixed Fruit Salsa Choice of Milk	MEATBALLS W/TOMATO SAUCE Hot Dog Bun ^ Green Beans Diced Pears Choice of Milk	SALISBURY W/GRAVY Sliced Bread ^ Mashed Potatoes Fresh Banana Choice of Milk	CRUNCHY CHICKEN TENDERS ^ Mixed Vegetables Sliced Apples BBQ Sauce Choice of Milk	FAJITA CHICKEN Bun ^ Diced Carrots Pineapple Tidbits Choice of Milk
October 26, 2020	October 27, 2020	October 28, 2020	October 29, 2020	October 30, 2020
CHEESE PIZZA ^ Green Beans Applesauce Choice of Milk	Choice of Milk SPAGHETTI W/ MEATBALLS (WG)^ Broccoli Diced Pears	BBQ CHICKEN TATER TOT-CHOS Tortilla Chips ^ Fresh Banana Choice of Milk	*GLOBAL BITES* TERIYAKI CHICKEN BROWN RICE & VEGETABLES Mixed Vegetables Fresh Plum Choice of Milk	HAMBURGER Bun ^ Corn Diced Peaches Ketchup Mustard Choice of Milk

ALL MEALS SERVED WITH APPROPRIATE CONDIMENTS AND A CHOICE OF 1% AND FAT FREE MILK. ** MENU SUBJECT TO CHANGE **

^ Denotes item is whole-grain/whole wheat

*** This institution is an equal opportunity provider.

Find your school's menus online at: preferredmealsmenu.com

