

Bright Horizons at USAA News

From the Director

Schedule Changes

With daylight savings around the corner, we are preparing for schedule changes. Please stop at the front desk and fill out a schedule change form to ensure we have appropriate morning and afternoon coverage. If your schedule will remain the same there is no need to make changes. As always, we appreciate your assistance with teacher scheduling.

Parent / Teacher Conferences

We invite you to take the time to schedule a conference with your child's teacher by signing up on the podium outside their classroom. Please note the schedule below for your child's specific conference days. If you are unable to schedule on the day listed below, please let us know.

Conference Days:

Nov. 5: Infant A

Nov. 6: Infant B

Nov. 7: Toddler A

Nov. 8: Toddler B

Nov. 13 & 14: KP 1

Nov. 15 & 16: KP 2

Nov. 19 & 20: Preschool C

Nov. 26 & 27: Twos A C

Nov. 28 & 29: Twos B C

Important Dates

Every Thursday: Jersey Day

Nov. 1: Costume Parade @ USAA 10:30am

Nov. 9: FALL FESTIVAL 6:00pm-8:00pm

Nov. 21: FAMILY FEAST LUNCHEON

*Infants & Toddlers @ 11am
Twos, Preschool, & KP @ 11:30am*

Nov. 22: Thanksgiving / Center Closed

Nov. 23: Pajama Day

Nov. 30: Lunchbox Day

Reasons to Celebrate

Fall Festival

Please join us for our annual Fall Festival event!

NOVEMBER 9TH

6 – 8 PM

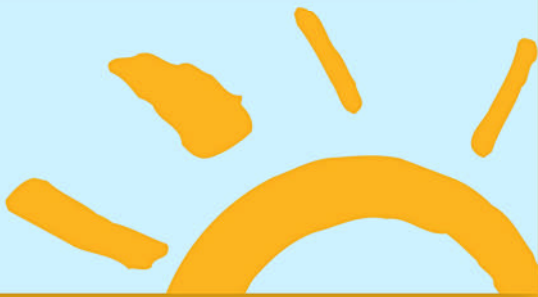
- Fall Photo Booth and Fun Props
- Games and Prizes
- Petting Zoo!
- Popcorn Machine and Refreshments
- Make your own Caramel Apples!

Bright Horizons at USAA

One N. Norterra Parkway

Phoenix, AZ 85085

Monday thru Friday 6:30am – 6:30pm



CLASSROOM HIGHLIGHTS

Toddler B

The Toddler B classroom spent time working with fall-colored paints and explored the process of creativity and color.



Preschool B

Some *Mystery Readers* popped into the Preschool B classroom this month! Parents are invited into the classroom to surprise the children with a story and a visit. During October, Preschool B welcomed Krista Ambrosino and Terri Emmons.



Kindergarten Prep I

The children in Kindergarten Prep practiced their creative skills by making their own scented dough using cinnamon and apple sauce. Using baking tools and cookie cutters, the children cut out fall leaf shapes that smell like cinnamon and apples.



EDUCATION NEWS

Learning a New Language: A Family Activity that Lasts a Lifetime

Our country is a beautiful melting pot of people from all over the world. As we know, there are many different languages spoken on earth. Being able to talk to each other is an essential path to build bridges. Also, having the ability to communicate with people who speak a different language encourages cross-cultural understandings, which opens the door to new friendships. Think about how welcome someone feels when your family smiles and says hello in their native language. Have you ever considered learning a foreign language along with your child?

Research shows that exposing young children to different languages taps into their innate ability to distinguish sounds, which enhances their growing cognitive skills. Because young children generally learn a new language more quickly than adults, your child might take the lead. There are many language learning opportunities online, from interactive exercises that teach language to watching YouTube videos. Some are even free, while others require purchasing a program. Two recommended websites:

Duolingo

www.duolingo.com offers interactive lessons in Spanish, French, Italian, German and Portuguese.

Mamma Lisa's World of Children and International Culture

www.mamalisa.com offers poems, songs, rhymes and traditions from around the world, in over 57 languages.

As you begin learning a language together, you might delve into the culture of the countries where the language is spoken, pick up children's books in that language or prepare a traditional recipe from that country.

Everything we do as a family builds a stronger, more caring, cohesive unit. Practicing a new language broadens our view of the world. It's fun and can be done anywhere: while taking walks, commuting, playing a game, listening to music, dancing, dining, reading bilingual books, and watching a movie.



BRIGHT HORIZONS NEWS

Thanksgiving Prep - Tips for Involving Kids



- 1) Make the cranberry sauce with the kids the weekend before Thanksgiving. It will keep and it allows you to include the children in the cooking process.
- 2) Have the kids make place cards together. Give them index cards, markers, crayons and stickers. Older children can write the names, inventive spelling and all, while younger children can decorate with stickers.
- 3) Try to find the easiest Thanksgiving worthy appetizers you can that the children can help prep by counting crackers, opening jars, and arranging plates.
- 4) Ask them to be taste testers and enjoy your Thanksgiving meal!

Podcasts for Parents on the Go

Did you know that Bright Horizons has a podcast? Navigate your parenting journey with our podcast series created with working parents in mind.

Tune into our podcast, ***The Work-Life Equation***, to hear about parenting, caregiving, and balancing work with everyday life. Whether you're a working or stay-at-home parent, you're likely always on-the-go. But throughout the daily hustle and bustle, you have questions, concerns, and simply need support.

Our parenting and education experts are here to help you navigate the parenting journey with an "on-the-go" podcast you can listen to when convenient for you.

Browse our episode selection at brighthorizons.com/family-resources/podcasts



Check out all the places you can connect with us!