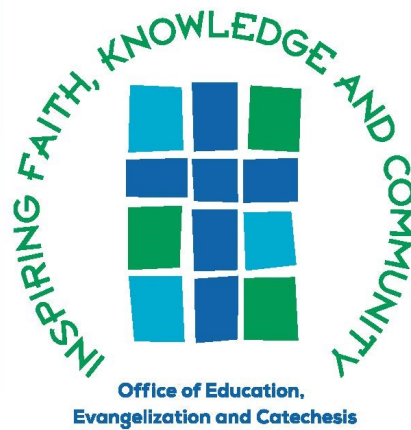




The Missionary Servants of the Most Blessed Trinity, have served at Trinita Retreat Center since 1923. Trinita Retreat Center sits on 123 acres of land in New Hartford, Connecticut.

Trinita's location in beautiful New Hartford, Connecticut, provides a calm and peaceful retreat atmosphere. Its rustic simplicity gives youth and adults a chance to get out of their ordinarily busy lifestyle, and enjoy some time of fun and reflection.



**A transformational weekend retreat for High School students.**

Offered exclusively by:



Office of Education, Evangelization and Catechesis  
INSPIRING FAITH, KNOWLEDGE AND COMMUNITY



Wanna get away? Well then take some time away from the world and come discover yourself and see what life has in store for you!

“**Metanoia**” is a New Testament term meaning conversion, transformation, and turning toward the Lord.

**Metanoia Retreat** is a three day weekend retreat open to all high school-aged Catholic youth.

Everyone who participates in a **Metanoia Retreat** will experience something different. Don't miss out on this experience!



**Metanoia Retreats** will help young people answer these questions:



Why and how should I develop a relationship with Jesus?



How do I know what my life's purpose is?



Why and how should I become a leader for the Church and for the world?

*Oh yeah... and we'll have plenty of fun too!*



## For more information

Next High School student retreats:  
October 20-22, 2017  
April 13-15, 2017



Retreats will start on Friday evenings and end on Sunday afternoons.  
*Hey, it's worth the escape!*

**Cost pp: \$125.00**

(includes meals, tons of snacks, & lodging)

For more info or to register, visit:  
[www.CatholicEdAOHCT.org](http://www.CatholicEdAOHCT.org)  
(look under programs)

Contact person:

**Miriam G. Hidalgo**

Archdiocesan Director of Youth  
& Young Adult Ministry

Tel: 860-242-5573 ext. 2678

Email: [Miriam.Hidalgo@aohct.org](mailto:Miriam.Hidalgo@aohct.org)



*The main house at Trinita Retreat Center*