

|  |  |  |  |  |
| --- | --- | --- | --- | --- |
| **Monday** | **Tuesday** | **Wednesday** | **Thursday** | **Friday** |
|  |  | 1  Am: Applesauce / Craisins  Pm: Apples /Sun butter | 2  Am: Cereal / Milk  Pm: Pretzels /Hummus | 3  Am: Rice Cakes  Pm: Crackers & Cheese |
| 6  Am: Banana’s  Pm: Chips & Salsa | 7  Am: Cereal Bars  Pm: Mix Fruit (in pear juice)No grapes | 8  Am: Yogurt / Granola  Pm: Cucumbers / Ranch | 9  Am: Bagel/Cream Cheese  Pm: Bananas | 10  Am: Graham Crackers  Pm: green peppers /Hummus |
| 13  Am: Cereal / milk  Pm: cheese stix / wheat thins | 14  Am: Raisin Bread/ Jelly  Pm: Oranges | 15  Am: Applesauce / cereal bars  Pm: Chips / Salsa | 16  Am: Yogurt / honey granola  Pm: Cereal/raisin trail mix | 17  Am: Diced Berries  Pm: Pretzels/ Cheese |
| 20  Am: Raisin Bread/Cream cheese  Pm: Apple slices | 21  Am: Rice Cakes /sunbutter  Pm: Peppers / hummus | 22  Am: Oranges  Pm: Wheat crackers / cheese | 23  Am: Bagels /cream cheese  Pm: Watermelon | 24  Am: Cereal/milk  Pm: Gold fish |
| 27  Am: yogurt / Granola  Pm: Diced Pears | 28  Am: Wheat Crackers/Cheese  Pm: Oranges | 29  Am: Cereal Bars  Pm: Chips /salsa | 30  Am: Graham crackers / Applesauce  Pm: Pretzels | 31  Am: Fruit cocktail (no grapes)  Pm: End of summer party |

Snack menu