

November 2018

Bright Horizons at Military Trail
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	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
4		5 Baked Chicken Nuggets, Roasted Veggies, Fresh Fruit	6 Breakfast for Lunch--Sweet Potato Pancakes, Eggs, Fresh Fruit	7 Lean Ground Beef & Cheese Enchiladas, Rice & Beans, Fresh Fruit	8 Mac & Cheese, Roasted Seasonal Veggies, Fresh Fruit	9 Papa Johns Pizza	10
Daylight Savings Time Ends							
11		12 Papa Johns Pizza	13 Baked Chicken Nuggets, Roasted Seasonal Veggies, Fresh Fruit	14 Arroz con Pollo, Baked Plantains, Fresh Fruit	15 Lean Beef Meatballs w/Tomato Sauce, Roll, Roasted Veggies, Fresh Fruit	16 Baked Fish Sticks w/Slaw (on the side), Roasted Potato Wedges, Fresh Fruit	17
18		19 Baked Chicken Nuggets, Glazed Carrots, Fresh Fruit	20 Lean Beef Tacos, Rice & Beans, Fresh Fruit	21 Sweet & Sour Chicken w/Veggie Fried Rice, Steamed Edamame, Fresh Fruit	22  Thanksgiving	23  Thanksgiving	24
25		26 Baked Chicken Nuggets, Roasted Veggies, Fresh Fruit	27 Maple Mustard Glazed Sliced Turkey, Roasted Sweet Potato Fries, Roll, Fresh Fruit	28 "Make Your Own Yummy..." Chicken Fajitas, Brown Rice, Black Beans, Fresh Fruit	29 Mac & Cheese, Roasted Seasonal Veggies, Fresh Fruit	30 Papa Johns Pizza	