



Patient Information

Occult Blood

Most laboratory tests require no special preparation on the part of the patient. There are some, however, that do.

What do I need to know about the Occult Blood?

The test can be collected in the container provided by the lab and returned to the lab or mailed back in a prestamped mailer (instructions below). This test requires only a small amount of stool.

- **Patient Prep:**

There are no dietary restrictions for patient

Patients with other conditions that may produce blood in the feces (stool), such as hemorrhoids or menstruation, should not proceed with testing while bleeding persists.

- **Spec Collection for Mailer specimens:**

Open collection kit and withdraw green-capped sampling vial and large folded collection paper
Complete label on sample vial (PRINT name, age, and date sample was collected in spaces indicated and circle gender)

Feces specimen deposit:

- Unfold and place large collection paper from kit inside toilet bowl on top of water
- Deposit feces specimen from bowel movement on top of paper in toilet bowl
- Collect sample from feces before paper sinks and feces specimen touches water
- Flush specimen remaining on paper as paper is biodegradable and will not harm septic systems

Sample collection with vial from kit:

- Twist and lift green cap on sample vial to reveal sample probe attached to cap
- Scape surface of fecal sample with probe and rotate probe to coat grooved portion with sample
- Replace probe into vial and push green cap on tightly until it snaps – do not reopen

Place sealed sample vial within transport envelope in kit and seal envelope

Sample vial must be received by testing laboratory within 8 days of collection

For additional information call (317) 736-3500