

Art Studio

January 2020

| | Activity #1 Cut-out Collages (Matisse) | Activity #2 Wire & Foam Sculptures | Activity #3 Stick Puppets |
|-------------------------------|---|---|---|
| Objectives | <ul style="list-style-type: none"> • Purposefully choose art tools to achieve desired outcomes • Represent an idea using visual media and materials | | |
| Materials | <ul style="list-style-type: none"> • Construction Paper • Glue sticks • Some pre-cut shapes • White cardstock • Scissors | <ul style="list-style-type: none"> • Pliable wire • Foam shapes & sheets • Clay base | <ul style="list-style-type: none"> • Large Popsicle Sticks • People cutouts • Collage materials • Markers, pens, pencils • Glue |
| Experiences | <ul style="list-style-type: none"> • Examine & discuss Matisse artwork. • Offer paper cut outs, regular paper, scissors, and glue for children to create collages. • Allow to dry. | <ul style="list-style-type: none"> • Distribute lengths of 15-gauge wire. • Encourage children to thread foam shapes onto wire. • Bend and shape wire. • Insert ends of wire into clay base, continue to shape if desired. • Allow for clay base to dry. | <ul style="list-style-type: none"> • Have children choose desired cutout. • Ask them to design a puppet that looks like themselves. • Affix cutout onto popsicle stick to create stick puppet. |
| Curriculum Connections | <p>Language Works: Understand and use adjectives and descriptive speech</p> <p>Math Counts: explore spatial relations and proportions; understand properties of shapes</p> | <p>Language Works: Enhance fine motor control</p> <p>Math Counts: Create and follow simple patterns</p> | <p>Toward a Better World: Demonstrate awareness of personal traits and characteristics</p> <p>Science Rocks: Observe and identify physical characteristics</p> |



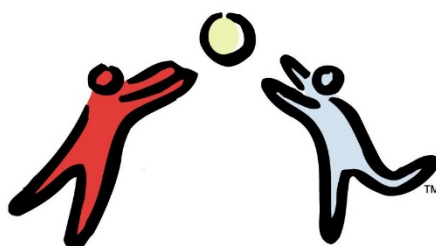
Movement Zone

January 2020

Yoga & Dance



| | Twos | Preschool | Kindergarten Prep | Kindergarten |
|-------------------------------|--|--|--|--|
| Objectives | <ul style="list-style-type: none"> To promote physical development and wellness to create good habits and positive attitudes To engage in physical activity | | | |
| Materials | <ul style="list-style-type: none"> CD Player CD's Ribbons Bean Bags Letter Mats Animal; Mats Hula Hoops Tunnels Parachutes Jump Ropes Scarves | <ul style="list-style-type: none"> CD Player CD's Ribbons Bean Bags Letter Mats Animal; Mats Hula Hoops Tunnels Parachutes Jump Ropes Scarves Yoga CD Yoga Cards Yoga Mats | <ul style="list-style-type: none"> CD Player CD's Ribbons Bean Bags Letter Mats Animal; Mats Hula Hoops Tunnels Parachutes Jump Ropes Scarves Yoga CD Yoga Cards Yoga Mats | <ul style="list-style-type: none"> CD Player CD's Ribbons Bean Bags Letter Mats Animal; Mats Hula Hoops Tunnels Parachutes Jump Ropes Scarves Yoga CD Yoga Cards Yoga Mats |
| Activities | <ul style="list-style-type: none"> Freeze Dance Free Style Dance Dance like an animal. Obstacle Course Dancing Bean Bag Dance Parachute Dance Hula Dance | <ul style="list-style-type: none"> Freeze Dance Free Style Dance Dance Like an animal. Obstacle Course Dancing Bean Bag Dance Parachute Dance Hula Dance Yoga | <ul style="list-style-type: none"> Freeze Dance Free Style Dance Dance like an animal. Obstacle Course Dancing Bean Bag Dance Parachute Dance Hula Dance Yoga Yoga Dance | <ul style="list-style-type: none"> Freeze Dance Free Style Dance Dance Like an animal. Obstacle Course Dancing Bean Bag Dance Parachute Dance Hula Dance Yoga Yoga Dance |
| Curriculum Connections | <ul style="list-style-type: none"> Coordinate multiple muscle movements. Demonstrate basic understanding of how physical activity helps the heart and muscles. | <ul style="list-style-type: none"> Coordinate multiple muscle movements. Demonstrate how yoga helps stretch the whole body. | <ul style="list-style-type: none"> Coordinate multiple muscle movements. Demonstrate how the body gets stronger with yoga and dancing. | <ul style="list-style-type: none"> Coordinate multiple muscle movements. Demonstrate how the body gets stronger with yoga and dancing. |



STEM Lab

January 2020

| Over and Under the Snow (Animal Dens) | |
|--|---|
| Objectives | <ul style="list-style-type: none"> • Freely explore materials at a developmentally appropriate level • Understand spatial relations and proportions |
| Materials | <ul style="list-style-type: none"> • Book: <i>Over and Under the Snow</i> by Kate Messner • Toy Forest/Arctic Animals (squirrel, chipmunk, fox, beaver, bear (black or polar), wolves, etc) • Wood Blocks • Cotton Balls (pretend snow) • Non-fiction books about Arctic animals, forest animals, animals that hibernate • Photographs of winter animal homes/dens |
| Activities | <ul style="list-style-type: none"> • Read the book <i>Over and Under the Snow</i> by Kate Messner • Discuss different animals that live in the forest and hibernation • Build snowy houses/dens for the animals using wood blocks and cotton balls • Count how many blocks/cotton balls are used • Work on spatial relations by putting the animals under/over, inside/outside, up/down, in/out, next to/beside, around/above (children can either identify the positions or follow directions about where to put the animals) <p><i>Variations:</i></p> <ul style="list-style-type: none"> • If you don't have plastic animals that fit, print and laminate picture cards or attach pictures of animals to rocks, blocks, milk caps, etc • Use a variety of different blocks, including different shapes, sizes, natural wood blocks, etc. • Older children can do a KWL about forest animals, Arctic animals, or animals that hibernate • Draw pictures of animal dens, work on spatial relations with their pictures (STEAM) • Use pictures as planning tools to build |
| Curriculum Connections | <p>Math Counts</p> <ul style="list-style-type: none"> • Count sequentially • Identify shapes, understand their properties, and create new shapes • Understand and use spatial concept vocabulary in daily speech such as under/over; inside/outside; on/off; up/down; in/out; around/above • Understand proportions (big/medium/small) <p>Science Rocks</p> <ul style="list-style-type: none"> • Question when exploring materials • Use what, why, where, and how questions appropriately and sequentially • Demonstrate persistence in problem solving • Become familiar with the properties of living things • Independently use tools to research information or deepen understanding • Understand the basic concepts of balance and weight |



Music & Movement

January 2020



| | <u>Week of 1/6</u> "These Are My Glasses" | <u>Week of 1/13</u> Movement Scarves | <u>Week of 1/20</u> Patterns | <u>Week of 1/27</u> Brain Break Action Cards |
|-------------------------------|---|--|--|---|
| Objectives | Children will learn to sing the song with the accompanying finger play | Children will wave lightweight scarves to the beat as they move their bodies to the rhythm | Children will learn and understand patterns as they hear them in music | Children will learn to move and relax their body |
| Materials | CD: Laurie Berkner Variety of instruments | Music and variety of scarves | Flannel board and Brown Bear, Brown Bear felt pieces | Wiggle Jar, action cards. Have background music-Yoga, stretches |
| Activities | Play song and use props such as large glasses and book to sing along | Encourage children to toss and catch scarves and freeze when the music stops | Have children sit in a circle. Using the felt pieces, sing the story of Brown Bear. Have children clap out the rhythm | Have children take turns picking an action card from the wiggle jar and follow the instructions on the card |
| Curriculum Connections | Caring Matters: Support peer interaction and social skill development | Well Aware: Participate in physical activities with peers | Language Works: Develop listening and auditory memory Art Smart: Recognize and repeat rhythmic patterns | Toward a Better World: Cooperate and participate in give-and-take |



Garden Works

January 2020



| Exploring Pinecones | Toddlers | Twos | Preschool | Kindergarten Prep & Kindergarten |
|-------------------------------|---|---|---|---|
| Objectives | <ul style="list-style-type: none"> To examine, describe, compare, and contrast the physical properties of objects and materials | | | |
| Materials | <ul style="list-style-type: none"> Pinecones Construction paper Variety of paint colors | <ul style="list-style-type: none"> Pinecones Construction paper Variety of paint colors Measuring cups Tongs | <ul style="list-style-type: none"> Small pinecones Pine needle Voss water bottles (Some sensory bottles on the mall that could be filled) Water Measuring cup | <ul style="list-style-type: none"> Small pinecones Pine needle Voss water bottles (Some sensory bottles on the mall that could be filled) Water Measuring cup 3 plastic jars Cold water and warm water Journal observations |
| Activities | <ul style="list-style-type: none"> Activity #1: Pinecone print painting Books: <ul style="list-style-type: none"> Penguin and Pinecone by Salina Yoon | <ul style="list-style-type: none"> Activity #1: Pinecone print painting Activity #2: Pinecone exploration in the sensory table Books: <ul style="list-style-type: none"> Penguin and Pinecone by Salina Yoon | <ul style="list-style-type: none"> Activity #3: Sensory bottles Books: <ul style="list-style-type: none"> From Cone to Pine Tree by Emma Carlson Berne Winter Walk by Virginia Brimhall Snow | <ul style="list-style-type: none"> Activity #3: Sensory bottles Activity #4: Pinecone experiment Books: <ul style="list-style-type: none"> From Cone to Pine Tree by Emma Carlson Berne Winter Walk by Virginia Brimhall Snow Kindergarten: The Pinecone Walk by Barbara Springfield |
| Curriculum Connections | Investigate the world through our senses | Identify physical properties, such as shape and texture | Become familiar with the properties of the environment | Formulate "why, what, and how?" questions; Explore how properties can change |



Dance Class

January 2020

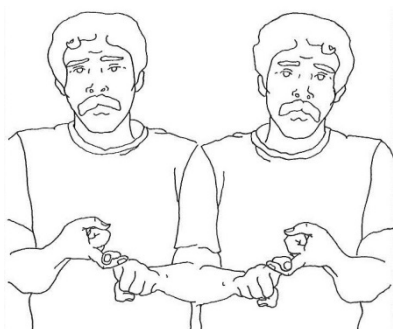


| | Preschool | Kindergarten Prep | Kindergarten |
|--------------------|--|--|--|
| Objectives | Everyone will be measured for costumes and put into their recital spots. Begin remembering where their spots are. We will also begin practicing switching lines during a song. | Everyone will be measured for costumes and put into their recital spots. Begin remembering where their spots are. We will also begin practicing switching lines during a song. | Everyone will be measured for costumes and put into their recital spots. Begin remembering where their spots are. We will also begin practicing switching lines during a song. |
| Dance Moves | Begin learning choreography for preschool large group dance. "Lava" from "Inside Out" | Begin learning choreography for kindergarten prep/kindergarten large group dance. "Firework" by Katy Perry | Begin learning choreography for kindergarten prep/kindergarten large group dance. "Firework" by Katy Perry |
| Terminology | Review of all dance terms and movements | Pivot turns Ball change | Pivot turns Ball change |



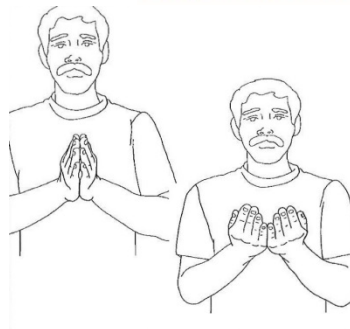
Sign Language

January 2020



FRIEND

The index fingers lock together. Then the hands flip over and the index fingers lock the other way.



BOOK

Two flat hands are held together, and then open.



PLAY

The "Y" hands are held at the sides and pivot back and forth at the wrists



JUMP

The inverted "2" action hand rests on the palm of the base hand. The action hand springs up as if jumping.



RUN

Both "L" hands are in front of the chest with the index finger of the rear hand linking to the thumb of the forward hand. Both hands move toward the body and the forward index finger bends.



DANCE

The "5" hand is held with the palm facing up. The inverted "2" hand swings back and forth over the base hand, as if dancing.

from **SIGN with your BABY** ~ Dr. Joseph Garcia



Culinary Arts

January 2020



Children will do cooking projects in the classroom using Bright Horizons recipe cards or other recipes that connect with projects within the classroom.

Some recipes are not appropriate for all age groups. Additionally, some recipes may require substitutions for allergies.

Recipes for this month:

- BH Recipe – Fruit Burritos
- Special Recipe – Honey Joys

