

BRIGHT HORIZONS at GMCC

What's on the Menu?



May 14-18, 2018	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
MORNING SNACK	Cheerios Cereal Fresh Fruit	Banana Oat Muffins Fresh Fruit	Broccoli & Cheddar Quiche Fresh Fruit	Lemon Blueberry Yogurt Loaf Fresh Fruit	Turkey Sausage Gravy Biscuits Fresh Fruit
LUNCH	Tomato Basil Cavatappi Steamed Sweet Peas Fresh Fruit	Beef Taco Salad Soy Crumbles Roasted Spanish Potatoes Fresh Fruit	Coconut Chicken & Rice Veggie Nuggets Roasted Zucchini Fresh Fruit	Three Bean Chili Sour Cream Cornbread Fresh Fruit	Salmon Potato Cakes Veggie Patty Marinated Cucumbers & Tomatoes Fresh Fruit
AFTERNOON SNACK	Vanilla Pudding Juice/Water	Graham Crackers & Cream Cheese Dip Juice/Water	Quinoa Pizza Bites Juice/Water	Cheddar Zucchini Scones Juice/Water	Lemon Peach Bars Juice/Water
DINNER	Turkey Sausage Stromboli Veggie Nuggets Steamed Broccoli Florets Fresh Fruit	Mushroom & Potato Enchiladas Cilantro Lime Steamed Corn Fresh Fruit	Beef Shepard's Pie Veggie Patty Steamed Spinach Fresh Fruit	Potato Soup Turkey Sausage Rolls Fresh Fruit	Taco Pasta Veggie Nuggets Tossed Garden Salad Fresh Fruit

We Serve Healthy Meals

- Fresh fruits and vegetables served daily
- All meals are baked, not fried
- Proteins include chicken, turkey, beef, tofu, cheese, and beans
- Organic Milk served to all children Toddlers through Kindergarten Prep
- All meals served family style
- Select produce are locally grown and supplied by NC/SC farmers
- This menu is subject to change without notice due to deliveries and emergencies.

Vegetarian Alternative

