

Medtronic Child Care Center Menu

January 20, 2020

Requirements	Breakfast Select 3 Food Groups Grains/bread Juice/fruit/vegetable Milk/fluid	Morning Snack Select 2 of 4 groups Milk/fluid Juice/fruit/vegetable Grain/bread Meat/meat alternative	Lunch Select 4 Food Groups Meat/meat alternative Vegetable/fruit Grain/bread Milk/fluid Extras	Afternoon Snack Select 2 of 4 groups Milk/fluid Juice/fruit/vegetable Grain/bread Meat/meat alternative
Monday	Closed			
Tuesday	Apple Cinnamon French Toast Bake Diced Pears Milk	Cottage Cheese Mandarin Orange Water	Creamy Chicken Wild Rice Soup Steamed Green Beans Watermelon Whole Wheat Dinner Roll Milk Veg Option Creamy Wild Rice Soup	Cucumber Slices Hummus Water
Wednesday	Kix Orange Slices Milk	**Banana Bread Milk	**Whole Wheat Spaghetti with Marinara Parmesan Cheese Roasted Broccoli Peaches Milk Veg Option **Same	Bell Pepper Sticks Spinach Ranch Dip Water
Thursday	Cinnamon Oatmeal Banana Milk	Sliced Apples Sunbutter Agave Dip Water	Rosemary Roasted Chicken Breast Butternut Squash Diced Pears Whole Wheat Dinner Roll Milk Veg Option Veggie Burger **Whole Wheat Bun	**Graham Crackers Applesauce Water
Friday	Rice Chex Diced Pineapple Milk	Greek Yogurt Mandarin Orange Water	**Creamy Macaroni and Cheese Steamed Green Beans Diced Melon Milk Veg Option **Same	**Whole Wheat Crackers String Cheese Water

Local and Hormone Free Milk and Dairy from Hastings Creamery
All Beef and Turkey Hormone Free

Water is provided throughout the day
Whole Milk for Children 2 & under *Skim or 2% Milk for Children over 2

Prepared by:

