

	<u>Monday</u>	<u>Tuesday</u>	<u>Wednesday</u>	<u>Thursday</u>	<u>Friday</u>
يد م	Rice Chex Cereal with	Scrambled Eggs with Turkey	Whole Grain French Toast	Fresh Raspberry Muffins	Drop Biscuits served with
fas	Fresh Orange Slices and	Sausage, Wheat Tortillas,	served with Diced Fresh	served with Applesauce and	Veggie Sausage, Fresh Diced
ak	Milk	Sliced Fresh Bananas and	Seedless Watermelon and	Milk	Honeydew and Milk
Breakfast		Milk	Milk		
	G,F,M	P,G,F,M	G,F,M	G,F,M	G,V,F,M
	Sliced Roast Turkey with Whole		Key West Chicken served	Beef Sloppy Joe on Whole	Chicken Parmesan Pizza
Lunch	Grain Bread, Lettuce & Tomato,	Vera with Fresh Roast	with Brown Rice Pilaf, Fresh	Wheat Rolls w/ Shredded	with Fresh Garden Salad and
nn	Cucumber and Bean Salad and Milk	Summer Squash and Milk	Steamed Broccoli and Milk	Cheddar, Steamed Fresh	Milk
	WIIK			Cauliflower and Milk	
	P,G,V,M	P,G,V,M	P,G,V,M	P,G,V,1 1/2M	P,G,V,M
ne	Sliced Cheese with Wheat		Veggie Burger Patty with	Veggie Joe on Whole Wheat	Cheese Pizza with Fresh
egetaria Option	Bread, Lettuce & Tomato,		Brown Rice Pilaf, Fresh	Rolls with Shredded	Garden Salad and Milk
eta pti	Cucumber and Bean Salad		Steamed Broccoli and Milk	Cheddar, Steamed Fresh	
Vegetarian Option	and Milk			Cauliflower and Milk	
	M,G,2V,P		2V,G,M	2V,G,2M	2M,V,G
	Sliced Fresh Strawberries	Whole Grain Bagel with	Sliced Cucumbers with	Diced Fresh Cantaloupe with	Diced Fresh Pineapple with
У	with Whole Grain Rich	Fresh Berry Blend and Water	Ranch Dressing, Soft	Rice Cakes and Water	Whole Wheat Pita Triangles
Snack	Blueberry Squares and		Tomato Basil Tortilla		and Water
S	Water		Triangles and Water		
	F,G	G,F	V,G	F,G	F,G