

BRIGHT HORIZONS AT LISLE

What's on the Menu?



Week of 01/14/19	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
BREAKFAST	<ul style="list-style-type: none"> ▪ Cornflakes ▪ Bananas ▪ Organic Milk 	<ul style="list-style-type: none"> ▪ Whole Wheat Mini Bagels ▪ Cream Cheese ▪ Apples ▪ Organic Milk 	<ul style="list-style-type: none"> ▪ Blueberry Muffins ▪ Bananas ▪ Organic Milk 	<ul style="list-style-type: none"> ▪ Egg Bake Casserole ▪ Pears ▪ Organic Milk 	<ul style="list-style-type: none"> ▪ Raisin Bran ▪ Apples ▪ Organic Milk
MORNING SNACK	<ul style="list-style-type: none"> ▪ Cheese Quesadilla ▪ Cucumber Slices ▪ Water 	<ul style="list-style-type: none"> ▪ Pretzel Bites ▪ Oranges ▪ Water 	<ul style="list-style-type: none"> ▪ Graham Crackers ▪ Apples ▪ Water 	<ul style="list-style-type: none"> ▪ Wheat Crackers ▪ Oranges ▪ Water 	<ul style="list-style-type: none"> ▪ String Cheese ▪ Pears ▪ Water
LUNCH	<ul style="list-style-type: none"> ▪ Tacos on Whole Wheat Tortillas ▪ Salsa and Cheddar Cheese ▪ Steamed Carrots ▪ Oranges ▪ Organic Milk 	<ul style="list-style-type: none"> ▪ Chicken and Broccoli Casserole ▪ Steamed Cauliflower ▪ Pears ▪ Organic Milk 	<ul style="list-style-type: none"> ▪ Cheese Tortellini Bake ▪ Steamed Green Beans ▪ Oranges ▪ Organic Milk 	<ul style="list-style-type: none"> ▪ Beef Stew with fresh Vegetables ▪ Mashed Potatoes ▪ Pears ▪ Organic Milk 	<ul style="list-style-type: none"> ▪ Homemade Chicken Noodle Soup ▪ Warm Cornbread ▪ Oranges ▪ Organic Milk
AFTERNOON SNACK	<ul style="list-style-type: none"> ▪ Trail Mix ▪ Apples ▪ Water 	<ul style="list-style-type: none"> ▪ Apple Cinnamon Nutgrain Bar ▪ Bananas ▪ Water 	<ul style="list-style-type: none"> ▪ Whole Grain Vanilla Wafers ▪ Pears ▪ Water 	<ul style="list-style-type: none"> ▪ Ants on a Log ▪ Water 	<ul style="list-style-type: none"> ▪ Oatmeal Squares ▪ Cucumber Slices ▪ Water
TAKE HOME SNACK	<ul style="list-style-type: none"> ▪ Graham Crackers 	<ul style="list-style-type: none"> ▪ String Cheese 	<ul style="list-style-type: none"> ▪ Oyster Crackers 	<ul style="list-style-type: none"> ▪ Nutgrain Bar 	<ul style="list-style-type: none"> ▪ Wheat Crackers

We Serve Healthy Meals

- Vegetarian alternatives available
- Organic whole milk served to Infants and Toddlers
- Organic 1% milk served to Twos, Preschool, and Kindergarten Prep
- All meals included in the tuition
- All meals served family style

