

BRIGHT HORIZONS AT WHEATON

What's on the Menu?



Week of: Dec 23	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
BREAKFAST	<ul style="list-style-type: none"> Corn Chex Apples Organic Milk 	<ul style="list-style-type: none"> Cinnamon Raisin Bagel Cream Cheese Oranges Organic Milk Meatless Sausage 	<ul style="list-style-type: none"> Rice Krispy Cereal Cantaloupe Organic Milk 	<ul style="list-style-type: none"> Turkey Sausage Patty Biscuit Banana Organic Milk Meatless Sausage 	<ul style="list-style-type: none"> Blueberry Muffin Honeydew Melon Organic Milk
TODDLER MORNING SNACK	<ul style="list-style-type: none"> Nutri-grain Bar Organic Milk 	<ul style="list-style-type: none"> Corn Chex Pears 	<ul style="list-style-type: none"> Cinnamon Raisin Bagel Organic Milk 	<ul style="list-style-type: none"> Sweet Potato Crackers Applesauce 	<ul style="list-style-type: none"> Carrot Stick Shredded Cheese
LUNCH	<ul style="list-style-type: none"> Chicken Tacos Black Bean Medley Mixed Berries Organic Milk V: Cheese Quesadilla I/T: Crushed Pineapples 	<ul style="list-style-type: none"> Beef Burgers Broccoli Soup Mango Organic Milk Bean Burger 	<ul style="list-style-type: none"> Cheesy Chicken & Rice Casserole Green Beans Banana Organic Milk V: Rice with Cheese Sauce 	<ul style="list-style-type: none"> Grilled Cheese Sandwich Tomato Soup Pears Organic Milk Soy Nut Butter Sandwich 	<ul style="list-style-type: none"> Macaroni and Cheese Green Beans Oranges Organic Milk Marinara/Wheat Pasta
AFTERNOON SNACK	<ul style="list-style-type: none"> Apple Cinnamon Muffin Organic Milk 	<ul style="list-style-type: none"> Carrot Sticks Red Pepper Hummus I/T: Oyster Crackers 	<ul style="list-style-type: none"> Apples Sweet Potato Crackers 	<ul style="list-style-type: none"> Nutri-grain Bar Yogurt 	<ul style="list-style-type: none"> Turkey Slices Cucumbers

* Infant/Toddler Alternative

* Vegetarian/Vegan Alternative

We Serve Healthy Meals

- Vegetarian meal options available
- Fresh fruits and vegetables served daily
- Proteins include chicken, turkey, beef, pork, cheese, and beans
- Whole milk served to Infants and Toddlers
- 1% milk served to Young Preschool, Preschool and Kindergarten Prep
- All meals are served family style

