



September 2018

Snack Menu



Monday	Tuesday	Wednesday	Thursday	Friday	Special Notes
3 CHALK CLOSED FOR LABOR DAY! 	4 Morning Goldfish Craisins Afternoon Graham Crackers Seaweed	5 Morning Fig Bars Afternoon Oatmeal Squares String Cheese	6 Morning Terra Veggie Chips Frozen Berries Afternoon Cheerios Applesauce	7 Morning Snap Pea Crisps Fruit Leathers Afternoon Rice Cakes Dried Cherries	*** Water is available to students at all times. *** Snack menu is subject to change based on availability. ***Snacks served by 10:30am for morning and 3:00pm for afternoon.
10 Morning Pita Chips Raisins Afternoon Chex Cereal Frozen Mango	11 Morning Goldfish String Cheese Afternoon Multigrain Crackers Craisins	12 Morning Cheerios Dried Tangerines Afternoon Nutri Grain Bars	13 Morning Cheez-its Dried Cherries Afternoon Wheat Thins Seaweed	14 Morning Graham Crackers Applesauce Afternoon Pita Chips Hummus	Serving Sizes Cereal 1/3 c. Cereal w/Raisins 1/2 c. Pretzels 3lg/10sm Multigrain Crackers 2 Graham Crackers 1 Townhouse/Ritz/Club 3 Wheat Thins 8 Cheez-Its 14 Goldfish 20 Veggie Chips 11 Pita Chips 3 Veggie Straws 18 Pirates Booty 14 Special K Bars 2 Fruit Bars 1 Dried Fruit 1/6 c. Frozen Berries 1/4 c. Cheese 1 Fruit Snacks 1 Applesauce 1/4 c. Hummus 1/4 c. Greek Yogurt 1/2 c. Banana/Apple Chips 8
17 Morning Multigrain Crackers Yogurt Afternoon Oatmeal Squares Fruit Leathers	18 Morning Chex Cereal Raisins Afternoon Pita Chips Seaweed	19 Morning Veggie Straws String Cheese Afternoon Cheez-its Frozen Mango	20 Morning Snap Pea Crisps Dried Cherries Afternoon Pretzels Hummus	21 Morning Nutri Grain Bars Afternoon Cheerios Yogurt	
24 Morning Cheez-its Dried Cherries Afternoon Wheat Thins Seaweed	25 Morning Mini Wheats Frozen Berries Afternoon Veggie Straws Applesauce	26 Morning Chex Cereal Frozen Mango Afternoon Nutri Grain Bars	27 Morning Pretzels Dried Tangerines Afternoon Wheat Thins Yogurt	28 Morning Multigrain Crackers Fruit Leathers Afternoon Cheerios String Cheese	

