BRIGHT HORIZONS AT HARRISON PARK

What's on the Menu?

August 19-23, 2019	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
MORNING SNACK	 French Toast Fresh Blueberries Pita Bread with Vegan Cream Cheese Organic Milk 	Special K CerealSliced StrawberriesOrganic Milk	 Egg Patties Raisin Toast Sun Flower Butter Organic milk 	 Buttermilk Biscuit with Gravy Wheat Toast and Apple Butter Organic Milk 	Choice CerealFresh BananasOrganic Milk
LUNCH	 Rotini with Turkey Bolognaise Vegan Pasta Primavera Seasonal Vegetables Sliced Apples Apple Sauce Organic Milk 	 County Style Steak with Peppers and Corn Vegan Barbecue Beef with Peppers and Corn Mashed Potatoes Diced Pineapple Organic Milk 	 Chicken Quesadilla Bean Quesadilla with Vegan Cheese Spanish Rice with Vegetables Diced Peaches Organic Milk 	 Turkey Meatball stroganoff with Mushrooms Egg Noodles Vegan Beef with Noodles Diced Pears Organic Milk 	 Oven Baked Chicken Nuggets Vegan Nuggets Vegetarian Baked Beans with Corn Mixed fruit Organic Milk
AFTERNOON SNACK	Fresh MelonGraham CrackersWater	 Fresh Baby Carrots and Cucumbers Wheat Crackers Water 	 Parmesan Bread sticks Marinara Sauce Water 	 Fresh Orange Slices Oyster Crackers Mandarin Oranges Water 	Soft PretzelsHoney Mustard SauceWater

We Serve Healthy Meals

- Vegetarian meal options available
- Fresh fruits and vegetables served daily
- All meals are baked, not fried
- Proteins include chicken, turkey, beef, tofu, cheese, and beans
- Organic whole milk served to infants and toddlers
- Organic 1% milk served to young preschool, preschool, and kindergarten prep
- All meals included in the tuition
- All meals served family style
- Menu is subject to change due to deliveries and emergencies

I/T: Infant/Toddler Alternative
V: Vegetarian/Vegan Alternative



