



Menu

July 30th - August 3rd



Monday	Tuesday	Wednesday	Thursday	Friday
Breakfast				
Corn Chex Fresh Fruit Organic Milk	Pancakes Fresh Fruit Organic Milk	Turkey Sausage Biscuit Fresh Fruit Organic Milk	Hard Boiled Egg Wheat Toast Fresh Fruit Organic Milk	Apple Cranberry Muffin Fresh Fruit Organic Milk
Lunch				
Chicken Nuggets Vegetarian Beans Fresh Fruit Organic Milk	Ham & Cheese Sub Sandwich Carrots Fresh Fruit Organic Milk	Cheese Ravioli Broccoli Fresh Fruit Organic Milk	Cheesy Chicken & Rice Mixed Vegetables Fresh Fruit Organic Milk	Mac & Cheese Green Beans Fresh Fruit Organic Milk
Afternoon Snack				
Yogurt Apple Slices Water	Pretzel Bites Cheese Cubes Water	Mozzarella Cheese Sticks Wheat Crackers Water	Cucumber Slices Ranch Dip Water	Nilla Wafers Raisins Water
		Vegetarian Lunch Alternative		
Spaghetti with Tomato Sauce	Vegetable Patty	N/A	Vegetable Patty	N/A



Bright Horizons at Wheaton is proud to collaborate with the Partnership for a Healthier America® in their fight against childhood obesity and in favor of healthy food choices in the early years.

Chef Jacquie

"I enjoy cooking for children. I find it rewarding to prepare healthy, delicious meals that children enjoy eating."

Chef Jacquie has her Illinois Food Handler Manager Certification

