



BRIGHT HORIZONS AT  
**USAA San Antonio**  
**Child Development Center**

**Happy Birthday!**  
**APRIL**

**Turing ONE!**

David  
Rylie

**Turning TWO!**

Alana  
Thalia  
Seiler

**Turning THREE!**

Sloane

**Turning FOUR!**

Elijah  
Beckett  
Rylie  
Israel  
Cataleya  
Olivia  
Ivie  
Oliver

**Turning FIVE!**

Mia  
Alanna

**Important Dates**

8-12 Week of the Young Child

8-12 Open House

18 San Antonio Fiesta Begins

22 Kindergarten Prep Science Fair

22 Earth Day Celebration

26 Fiesta Center Parade of Flowers

**Parent Day Out**

In February we did not have enough families sign up in order to host PNO so we are trying again! We need at least 15 children! This time we are giving you a day out! It's great timing to go and enjoy Fiesta! Please sign up at the front desk!



Parent Day Out  
April 20  
10 am-3 pm  
\$40 first child/\$28 sibling

During the month of April **Infant** classroom A1 and A2 will be focusing on the curriculum Language Works and Sensory Exploration. Activities the teachers will be planning are reading books that will promote early literacy. The infants will be exploring picture books that will expose them to numbers, letters, colors, and shapes. They are also planning activities that promote active exploration with sensory bottles, smelly jars, and feeling different textures with their hands and feet.

Classroom A3 and A4 will be exploring the curriculum Art Smart. The teachers will be focusing on activities that will emerge visual arts, music/creative movements, and dramatic arts. As they explore these objective's, the teachers will guide the infants with experiences of puppet play, ribbon dancing, and fruit tasting by making watermelon popsicle's. Through these simple and engaging opportunities, the infants will be exposed to diverse experiences that will nurture their development and excite their senses.

Classroom A5 and A6 will be exploring the curriculum Science Rocks and Art Smart. The teachers will be focusing on experiences that will promote hand-eye coordination and fine motor skills. Activities the teachers will be exposing the children to are using tools such as jumbo markers, crayons, and chalk to create their own art. As the teachers engage the infants in fun and creative experiences they aim to strengthen and refine their muscles, which is critical to many essential life skills such as eating and writing.



**Toddlers** will be learning about the season of Spring during the month of April. Some of the activities that the children will be doing are exploring flowers, finger painting flowers, nature sun catchers, Flower hand prints, rain sticks, tissue paper spring wreaths, egg scoop, bird feeders, and swatter painting. These activities the children will be exploring will help them learn to use objects and tools to complete tasks as they manipulate and explore materials.

**Two's** will be learning about the season of Spring, the weather, Fiesta, and bugs in the month of April. Some of the activities that the children will be doing are experimenting with flowers by planting them and watering them, making spring cloud dough, making spring sensory bottles, making piñatas, eating diverse food, making paper flowers, potato stamping, freezing insects, making fiesta floats, and egg decorating. These activities the children will be exploring will help them learn simple solving problems, active exploration, learn to use active questioning, classifying, learning about concept of time, and learning to build pre-writing skills.



During the month of April the **Preschool** program will be exploring all things Space. The preschool classrooms will learn about the concept of gravity as they allow items to fall to the ground and measure their bounce. They will actively explore with paint in a variety of ways such as drip painting, foil moon painting, and marbled painting. They will begin to learn the concept of force vs nature and will expand their spoken vocabulary as they learn all about the planets and how they orbit around the sun. This will allow the children to use their scientific inquiry skills as they answer open ended questions with their own predictions on what will happen. The children will also strengthen their fine motor skills as they explore different sensory elements such as moon sand, space slime and star play dough.

As the weather changes and the bright colors fill the classrooms, the **Kinder Prep** program will be exploring spring and Fiesta. The children will learn about the cycle of life, what it takes to nurture a plant and so much more. By offering opportunities to grow plants in the classroom and in an outdoor environment, the children are able to hypothesize, observe, and conclude their own ideas about how plants and trees grow. This also enhances their language and prewriting skills as they begin to write out their observations and talk about them with each other. The children will also practice simple patterns and counting as they count bugs and flowers in a variety of ways.

## It's all in the Family! Activities to Build Memories

Enjoying family activities is a precious gift to give our children and ourselves. Time with people we love fosters feelings of belonging and intimacy, builds trust, instills a sense of security, and creates lifelong memories. Below are fun, inexpensive activities for all ages:

- ▶ **Gaze at stars:** Explain to children that stars form patterns that we call constellations and then research them online and in books. Go outside on a clear evening and try to identify constellations or have fun making up your own. Draw the formations on paper or lay them out using pipe cleaners and small rocks. With younger children, focus on the shape of the moon.
- ▶ **Visit farmers markets:** An excursion to a farmers market provides an opportunity to smell the scents of fresh produce, enjoy tasty samples of nutritious foods, hear local musicians playing music, and participate in the coming together of the community.
- ▶ **Go for a hike or walk:** Hiking or walking connects family members to nature, as well as each other. On walks, you might take photographs, collect special rocks, leaves, and sticks, or just enjoy the world's natural wonders and time with each other.
- ▶ **Institute a family fitness program:** This could include age/stage-appropriate push-ups, sit-ups, stretching, walking, hopping, skipping, jumping, or jogging. Family members might keep a fitness log, use a pedometer to count steps, or count your heartbeats before and after exercise.
- ▶ **Volunteer:** Have you considered making volunteering part of your family culture? Adults inspire empathy and compassion by volunteering as a family at a soup kitchen, nursing home, homeless shelter, or other local organizations. For activity suggestions browse sites such as Doing Good Together: [doinggoodtogether.org](http://doinggoodtogether.org).
- ▶ **Build a cozy fort:** You might use branches and wood, blankets and chairs, or a giant carton (from an appliance store), to design a cozy den. After you build this comfy place to congregate, your family can cuddle up to read, snack, tell stories, or play games.

All the activities above enhance relationships because family members enjoy simple activities, share rewarding adventures, and make memories.

## Ask About Our Summer Camp Program!

### Join us for a Summer of Fun, Friendships, and Exploration

Through Camp Explorations, our summer camp program at **Bright Horizons®**, your child will have the opportunity to enjoy everything summer has to offer. During action-packed days, your child will experiment with science and technology, engage in the creative arts, discover nature, and explore the world. With experienced teachers, a curriculum based on each child's interests, engaging projects and activities, special visitors, and more, summer will be fun and educational at the same time.

### Camp Explorations Highlights

- ▶ Programs for two different age groups:
  - Preschool Adventures (ages 3 – 5)
  - School-Age Adventures (ages 6 –12)
- ▶ Age-appropriate, engaging themes that incorporate children's interests
- ▶ Field trips, special guests, and daily fitness activities
- ▶ Flexible weekly schedules with full- and part-time options
- ▶ Health, safety, and security policies that meet or exceed local, state, and national standards

## Featured Family Webinar

### Working Moms, Natural Leaders

Whether you're a new mom getting ready to return to work, or you've been a working mom for a while, you might be curious about the expectations — or lack thereof — you'll face in the office. Watch this recording of our webinar, as we discuss results from the **Bright Horizons®** Modern Family Index survey and learn what research says about working motherhood.

#### Family Webinar Recording –

Working Moms, Natural Leaders

[brighthorizons.com/webinarWMNL](https://brighthorizons.com/webinarWMNL)



### Bright Horizons at USAA Child Development Center

4800 USAA Blvd., San Antonio, TX 78240  
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Monday – Friday 6:30 a.m. to 6:30 p.m.

