

# What's on the Menu?



WEEK 1 1/21-1/25 2/11-2/15	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>AM SNACK</b>	<ul style="list-style-type: none"> <li>Raisin Bagel</li> <li>Cream Cheese</li> <li>Fresh Apples</li> </ul>	<ul style="list-style-type: none"> <li>Hard Boiled Eggs</li> <li>Bananas</li> </ul>	<ul style="list-style-type: none"> <li>Turkey Sausage Biscuit</li> <li>Fresh Oranges</li> </ul>	<ul style="list-style-type: none"> <li>Cereal</li> <li>Raisins</li> </ul>	<ul style="list-style-type: none"> <li>French Toast Casserole</li> <li>Fresh Apples</li> </ul>
<b>LUNCH</b>	<ul style="list-style-type: none"> <li>Turkey and Cheese on a bun</li> <li>Peas and Carrots</li> <li>Fresh Melon</li> </ul>	<ul style="list-style-type: none"> <li>Cheesy Turkey Marzetti</li> <li>Mixed Vegetables</li> <li>Baked Apples</li> </ul>	<ul style="list-style-type: none"> <li>Chicken Burrito w/Brown Rice</li> <li>Fiesta Corn w/ Black Beans</li> <li>Mango &amp; Berries</li> </ul>	<ul style="list-style-type: none"> <li>Macaroni &amp; Cheese</li> <li>Vegetable Medley</li> <li>Fresh Watermelon</li> </ul>	<ul style="list-style-type: none"> <li>Turkey Chili w/ Beans w/ Carrots and Corn</li> <li>Corn Bread</li> <li>Mandarin Oranges</li> </ul>
<b>PM SNACK</b>	<ul style="list-style-type: none"> <li>Graham Crackers</li> <li>Berries</li> </ul>	<ul style="list-style-type: none"> <li>English Muffin &amp; Wow Butter</li> </ul>	<ul style="list-style-type: none"> <li>Fresh Veggies</li> <li>House Made Veggie Dip</li> </ul>	<ul style="list-style-type: none"> <li>House Zucchini Bread</li> </ul>	<ul style="list-style-type: none"> <li>Tortilla Scoops and Salsa (Tod/Pre/KP)</li> <li>Cheese and Crackers (Infants)</li> </ul>

WEEK 2 1/28-2/1 2/18-2/22	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>AM SNACK</b>	<ul style="list-style-type: none"> <li>Blueberry Mini Muffin</li> <li>Fresh Oranges</li> </ul>	<ul style="list-style-type: none"> <li>Pancakes</li> <li>Turkey Sausage</li> </ul>	<ul style="list-style-type: none"> <li>Maple Oatmeal w/ Craisins</li> <li>Bananas</li> </ul>	<ul style="list-style-type: none"> <li>Cereal</li> <li>Raisins</li> </ul>	<ul style="list-style-type: none"> <li>Biscuit</li> <li>Baked Apples</li> </ul>
<b>LUNCH</b>	<ul style="list-style-type: none"> <li>Meatballs w/ BBQ sauce</li> <li>Garlic Bread Stick</li> <li>Sweet Potatoes</li> <li>Fresh Melon</li> </ul>	<ul style="list-style-type: none"> <li>Cheese Pizza</li> <li>Pepperoni Slices</li> <li>Carrots</li> <li>Mandarin Oranges</li> </ul>	<ul style="list-style-type: none"> <li>Turkey Soft Tacos</li> <li>Cheese and Salsa</li> <li>Fiesta Corn with Black Beans</li> <li>Fresh Melon</li> </ul>	<ul style="list-style-type: none"> <li>Chicken Noodle Soup w/ Veggies</li> <li>Roll</li> <li>Mangos and Berries</li> </ul>	<ul style="list-style-type: none"> <li>Sweet and Sour Chicken w/ Rice</li> <li>Asian Blend Veggies</li> <li>Pineapples and Mango</li> </ul>
<b>PM SNACK</b>	<ul style="list-style-type: none"> <li>Pita Triangles</li> <li>Tropical Salsa</li> </ul>	<ul style="list-style-type: none"> <li>House Made Trail Mix</li> </ul>	<ul style="list-style-type: none"> <li>Pineapple</li> <li>Cottage Cheese</li> </ul>	<ul style="list-style-type: none"> <li>Yogurt w/ Granola</li> </ul>	<ul style="list-style-type: none"> <li>Wheat Crackers</li> <li>String Cheese</li> </ul>

WEEK 3 1/14-1/18 2/4-2/8	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>AM SNACK</b>	<ul style="list-style-type: none"> <li>Raisin Bagel</li> <li>Cream Cheese</li> <li>Fresh Apples</li> </ul>	<ul style="list-style-type: none"> <li>Cereal</li> <li>Raisins</li> </ul>	<ul style="list-style-type: none"> <li>Soft Breakfast Taco</li> <li>Bananas</li> </ul>	<ul style="list-style-type: none"> <li>Breakfast Quiche</li> <li>Oranges</li> </ul>	<ul style="list-style-type: none"> <li>Yogurt w/ Tropical Fruit</li> </ul>
<b>LUNCH</b>	<ul style="list-style-type: none"> <li>Cheeseburger on bun</li> <li>Picnic Baked Beans</li> <li>Fresh Watermelon</li> </ul>	<ul style="list-style-type: none"> <li>Spaghetti &amp; Meatballs</li> <li>Chopped Salad w/ Italian Dressing</li> <li>Fresh Melon</li> </ul>	<ul style="list-style-type: none"> <li>Season Roasted Chicken Sandwich</li> <li>Roasted Veggies</li> <li>Mango and Berries</li> </ul>	<ul style="list-style-type: none"> <li>Grilled Cheese</li> <li>Tomato Soup</li> <li>Green Beans</li> </ul>	<ul style="list-style-type: none"> <li>Cheese Pizza</li> <li>Pepperoni Slices</li> <li>Vegetable Medley</li> <li>Applesauce</li> </ul>
<b>PM SNACK</b>	<ul style="list-style-type: none"> <li>Fruit Scone</li> </ul>	<ul style="list-style-type: none"> <li>Apple Wedges</li> <li>Greek Yogurt Dip</li> </ul>	<ul style="list-style-type: none"> <li>Graham Crackers</li> <li>Cinnamon Applesauce</li> </ul>	<ul style="list-style-type: none"> <li>Veggie Spread on Pita Bread</li> </ul>	<ul style="list-style-type: none"> <li>House Banana Muffins</li> </ul>

## We Serve Healthy Meals

- Whole Milk (Infant and Toddler) and 1% milk (preschool/K Prep/Kindergarten) with AM snack and lunch
- Water served with PM snack and offered continually throughout the day