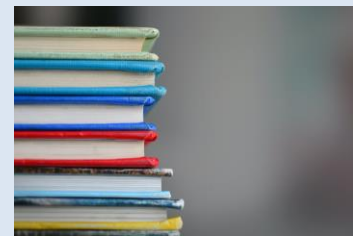


Living Well with Dementia Family Carer Education Programme

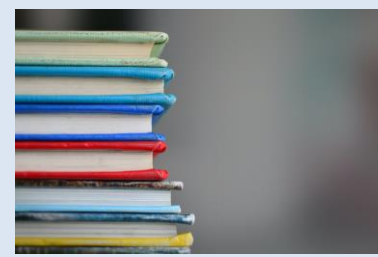


**Wednesday the 19th, 26th of October and 2nd
November 1.30pm – 4.30pm**

There are limited spaces available so please call;
087 0550050 or 052 61 77080

Or email livingwellwithdementia@hse.ie





Family Carer Dementia Education Programme

The aim of the programme is to give you an understanding of dementia, how it impacts on the person, their environment, and engagement.

The programme will provide practical advice to support you in your caring role.

This programme is facilitated by the dementia nurse specialist, occupational therapist and social worker.

Outline of the Programme

Week 1	Wednesday 19 th October	1.30pm – 4.30pm	<ul style="list-style-type: none">• About dementia and the brain• Symptoms of dementia• Impact of symptoms on day to day living
Week 2	Wednesday 26 th October	1.30pm – 4.30pm	<ul style="list-style-type: none">• Communication & sensory challenges in dementia• Environments & perceptual changes in dementia• Practical Advice and Solutions
Week 3	Wednesday 2 nd November	1.30pm – 4.30pm	<ul style="list-style-type: none">• Looking after yourself• Your rights and entitlements• Planning for the future

