





Monday	Tuesday	Wednesday	Thursday V	Friday
Breakfast				
Whole Grain Cereal Fresh Fruit Organic Milk	Whole Wheat Bagel Cream Cheese Fresh Fruit Organic Milk	Scrambled Cheesy Eggs Biscuit Fresh Fruit Organic Milk	Waffles Fresh Fruit Organic Milk	Cornbread Muffin Fresh Fruit Organic Milk
Lunch				
Turkey & Cheese Wrap Carrots Fresh Fruit Organic Milk	Swedish Meatballs Egg Noodles Green Beans Fresh Fruit Organic Milk	Chicken Sandwich on Whole Wheat Bread Sweet Potatoes Fresh Fruit Organic Milk	Turkey Tacos With Whole Wheat Tortillas Black Beans Fresh Fruit Organic Milk	Cheese Pizza Mixed Vegetables Fresh Fruit Organic Milk
Afternoon Snack				
Cucumber Slices Wheat Crackers Water	Graham Crackers Fresh Fruit Water	Pita Bread Hummus Water	Carrots Ranch Dip Water	Nilla Wafers Fresh Fruit Water
		Vegetarian Lunch Alternative		
Vegetable Patty	Grilled Cheese Sandwich	Vegetable Patty	Veggie Sub Sandwich	N/A



Bright Horizons at Wheaton is proud to collaborate with the Partnership for a Healthier America® in their fight against childhood obesity and in favor of healthy food choices in the early years.

Chef Jacquie

"I enjoy cooking for children. I find it rewarding to prepare healthy, delicious meals that children enjoy eating."

Chef Jacquie has her Illinois Food Handler Manager Certification

