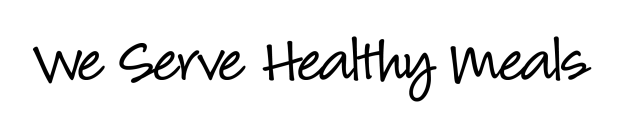
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**\***Infant/Toddler Alternative

**\***Vegetarian Alternative

|  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- |
| Week of: Oct 14th | MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY |
| BREAKFAST | * Mini Bagel * Cream Cheese * Oranges * Organic Milk * Mandarin Oranges | * Corn Chex * Apples Slices * Organic Milk * Diced Apples | * Oatmeal * Pears * Organic Milk | * Cheese Omelette * Banana * Organic Milk | * Apple Cinnamon Muffin * Cantaloupe * Organic Milk |
| TODDLER  MORNING SNACK | * Nutrigrain Bar * Organic Milk | * Mini Bagel * Cream Cheese * Water | * Corn Chex * Diced Apples * Milk | * Biscuit * Cheese Cubes * Water | * Cheese Omelette * Whole Wheat Toast * Water |
| LUNCH | * Chicken Alfredo w/egg Noodles * Peas & Carrots * Cantaloupe * Organic Milk * Soy Crumbles | * Ham and Cheese Sandwich * Sweet Potato Fries * Mango * Organic Milk * Grilled Cheese | * Chicken Tacos * Black Beans * Oranges * Organic Milk * Whole Wheat Tortilla/Cheese Quesadilla | * Macaroni & Cheese w/diced chicken * Green Beans * Mixed Berries * Organic Milk * Mac & Cheese * Mandarin Oranges | * Turkey & Cheese Wrap * Sliced Cucumbers * Pears * Organic Milk |
| AFTERNOON SNACK | * Applesauce * Oyster Crackers * Water | * Nutrigrain Bar * Organic Milk | * Soft Pretzel * Cheese Cubes * Water | * Pita Bread * Roasted Red-Pepper Hummus * Water | * Veggie Bean Crackers * Apple Sauce |

* Vegetarian meal options available
* Fresh fruits and vegetables served daily
* Proteins include chicken, turkey, beef, pork, cheese, and beans
* Whole milk served to Infants and Toddlers
* 1% milk served to Young Preschool, Preschool and Kindergarten Prep
* All meals are served family style

BRIGHT HORIZONS AT WHEATON