## BRIGHT HORIZONS AT WHEATON

## What's on the Menu?



Week of: Aug 26 <sup>th</sup>	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
BREAKFAST	<ul><li>Egg Patty</li><li>Biscuit</li><li>Banana</li><li>Organic Milk</li></ul>	<ul><li>Pancakes</li><li>Turkey Sausage</li><li>Oranges</li><li>Organic Milk</li></ul>	<ul><li>Yogurt Parfait</li><li>Granola</li><li>Peaches</li><li>Organic Milk</li></ul>	<ul> <li>Sausage &amp; Cheese</li> <li>Biscuit</li> <li>Watermelon</li> <li>Organic Milk</li> </ul>	<ul><li>Cornbread Muffin</li><li>Banana</li><li>Organic Milk</li></ul>
TODDLER MORNING SNACK	<ul><li>Corn Chex</li><li>Organic Milk</li></ul>	<ul><li>Egg Patty</li><li>Biscuit</li><li>Water</li></ul>	<ul><li>Pancake</li><li>Pears</li><li>Water</li></ul>	<ul><li>Yogurt</li><li>Granola</li><li>Water</li></ul>	<ul><li>Sausage Patty</li><li>Biscuit</li><li>Water</li></ul>
LUNCH	<ul> <li>BBQ Chicken         Sandwich</li> <li>Sweet Potato Fries</li> <li>Cantaloupe</li> <li>Organic Milk</li> <li>Black Bean Patty</li> </ul>	<ul> <li>Cheese Quesadilla</li> <li>Black Bean Medley</li> <li>Mango</li> <li>Organic Milk</li> </ul>	<ul> <li>Tuna Casserole</li> <li>Green Beans</li> <li>Watermelon</li> <li>Organic Milk</li> <li>Veggie Patty</li> </ul>	<ul> <li>Beef Stroganoff</li> <li>Peas &amp; Carrots</li> <li>Pears</li> <li>Organic Milk</li> </ul>	<ul> <li>Cheese Pizza</li> <li>Tomato-Cucumber Salad</li> <li>Blueberries</li> <li>Organic Milk</li> </ul>
AFTERNOON SNACK	<ul><li>Turkey &amp; Cheese Roll</li><li>Up</li><li>Water</li></ul>	<ul><li>Graham</li><li>Crackers</li><li>Apple Slices</li><li>Organic Milk</li></ul>	<ul><li>Garlic Breadsticks</li><li>Marinara Sauce</li><li>Water</li></ul>	<ul><li>Sliced Cheese</li><li>Wheat Crackers</li><li>Water</li></ul>	<ul><li>Pita Bread</li><li>Soy Nut Butter</li></ul>

## We Serve Healthy Meals

- Vegetarian meal options available
- Fresh fruits and vegetables served daily
- Proteins include chicken, turkey, beef, pork, cheese, and beans
- Whole milk served to Infants and Toddlers
- 1% milk served to Young Preschool, Preschool and Kindergarten Prep
- All meals are served family style



\* Infant/Toddler Alternative
\* Vegetarian Alternative

