

The Academy at Pasadena- September 2022

What's on the Menu?

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
			1 Morning Yogurt & Graham Cracker Afternoon Rice Cake & Cheese	2 Morning Apples & Sun Butter Afternoon Cheddar Crackers & Craisins
5 Closed for Labor Day	6 Morning Graham Crackers & Blueberries Afternoon Ranch Crackers & Mango	7 Morning Mixed Berry Animal Crackers & Raisins Afternoon Pita Chips & Hummus	8 Morning English Muffin & Jam Afternoon Veggie Crackers & Carrots	9 Morning Nutrigrain Bar Afternoon Sweet Potato Crackers & Peaches
12 Morning Rice Cake & Banana Afternoon Ritz Cracker & Fruit Cup	13 Morning Waffles & Strawberries Afternoon Oyster Crackers & Raspberries	14 Morning Nutri-grain Bar Afternoon Cheese Crackers & Mango	15 Morning Blueberry Muffin & Cranberries Afternoon Crackers & Cheese	16 Morning Cheerios & Peaches Afternoon Whole Wheat Tortilla w/ Hummus
19 Morning Animal Crackers & Diced Grapes Afternoon Crackers & Cherry Tomato	20 Morning English Muffin & Cream Cheese Afternoon Veggie Crackers & Banana	21 Morning Chex Cereal & Apples Afternoon Naan & Hummus	22 Morning Rice Cake & Sun Butter Afternoon Pretzels & Cheese	23 Morning Blueberry Muffin & Cranberries Afternoon Applesauce & Apricot
26 Morning Cheerios & Mango Afternoon Pretzels & Mandarin	27 Morning Yogurt & Waffle Afternoon Veggie Crackers & Banana	28 Morning Animal Crackers & Blueberries Afternoon Hummus & Pita Chips	29 Morning Graham Cracker & Applesauce Afternoon Wheat Roll & Cheese	30 Morning Chex Cereal & Strawberries Afternoon Wheat Thins & Cucumber

