

MENUS – FEBRUARY 2019

2 Week of 02/04/19 – 02/08/19	AM Snack	Lunch	PM Snack
Monday	Oyster Crackers Cheese Slices Milk	Pancakes with Sausage Mixed Berries Apple Slices Milk	Chex Mix Milk
Tuesday	Zucchini Bread Milk	Pasta Salad (Ham, Pepperoni, Cheese, and Veggies) Whole Grain Crackers Pineapple mixed with Pears Milk	Tortilla Chips or Ritz Crackers with Nacho Cheese Water
Wednesday	Tortillas with Cream Cheese Milk	Turkey Ham on Wheat Carrot and Celery Sticks with Dip Orange Slices Milk	Yogurt and Fruit Water
Thursday	Oatmeal Milk	Bean and Cheese Burritos Corn Peaches Milk	Pumpkin Bread Milk
Friday	Cereal Milk	Cheese Pizza Rounds on an English Muffin Green Beans Mixed Fruit Milk	Pita Bread with Hummus Carrot Sticks Water

3 Week of 02/11/19 – 02/15/19	AM Snack	Lunch	PM Snack
Monday	Cereal Sliced Banana Milk	Whole-Grain Bread with Sun Butter and Jelly Corn Peaches Milk	Pears Milk
Tuesday	Oatmeal Apple Slices Milk	Scrambled Eggs with Ham and Shredded Zucchini English Muffin with Butter Orange Slices Sliced Tomatoes Milk	Pita Bread with Hummus and Celery Sticks Water
Wednesday	Diced Cantaloupe with Strawberries Milk	Spaghetti with Meat Sauce Side Salad Mango Fruit Mix Milk	Applesauce Cake Milk
Thursday	Cottage Cheese Peaches Milk	Cheese Enchiladas Black Beans Pineapple Milk	Wheat Bread Squares with Jelly Milk
Friday	Cinnamon Raisin Bagel With Cream Cheese Milk	Pasta E. Fagioli (ground sausage and beans) Wheat Saltines Pineapple and Pear Mix Milk	Graham Crackers Apple Slices Milk

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4 Week of 02/18/19 – 02/22/19	AM Snack	Lunch	PM Snack
Monday	CLOSED FOR PRESIDENTS' DAY		
Tuesday	Bran Muffins Cheese Slice Milk	Black Beans and Rice Tortillas Corn Applesauce Milk	Whole-Grain Breadstick Carrot Sticks and Cucumbers with Dip Water
Wednesday	Cereal Sliced Bananas Milk	Sloppy Joes Baked Beans Peaches Milk	Vanilla Wafers or Animal Crackers Milk
Thursday	Bagel with Cream Cheese Juice	Chicken Noodle Casserole Green Beans Applesauce Milk	Chex Mix Cereals Raisins Milk
Friday	Banana Zucchini Bread Milk	Mashed Potatoes with Hamburger Gravy Broccoli & Cauliflower Pears Milk	Graham Crackers Yogurt Water

5 Week of 02/25/19 – 03/01/19	AM Snack	Lunch	PM Snack
Monday	Cornbread with Honey Butter Milk	Hamburger Stroganoff Green Beans Peaches Milk	Animal Crackers or Vanilla Wafers Milk
Tuesday	Mixed Berries Cheese Slice Milk	Egg Salad on Wheat Celery and Carrot Sticks Yogurt Dip Apple Slices Milk	Wheat Thins and Cheese Nips Milk
Wednesday	Muffin Squares Milk	Taco Salad (Ground Beef and Mixed lettuce mix with shredded carrots and cabbage) Corn Pears Milk	½ Banana with Whole Grain Cinnamon Crackers Water
Thursday	Oatmeal Milk	English Muffin Cheese Pizza Peas and Carrots Applesauce Milk	Tortillas with Sun Butter Water
Friday	Yogurt Granola Milk	Chicken Noodle Soup (with added veggies and chicken) Wheat Saltines Cheese Mango Fruit Mix Milk	Applesauce Cake Milk