

QUIZ

Autism acceptance. Paula Stone. 07766 88 5631 paulameadowsweet@yahoo.co.uk

1. On a scale 0 to 10, how much do you already know about Autism?

10 you know a lot about Autism 0 you do not know about Autism at all

Circle number where you are **now**. Put a **line under number** where you hope to be at the **end**

0 1 2 3 4 5 6 7 8 9 10

2. What is...

Autism?

Neurodiversity?

Neurotypical?

Neurodivergent?

3. List 5 strengths that some Autistic individuals may have...

a)

b)

c)

d)

e)

4. Can you match any of these strengths to possible career ideas?

a)

b)

c)

d)

e)

5. Name 3 barriers and challenges that some Autistic individuals may face and how you can work together to **overcome them**

a) Barrier

Solution

b) Barrier

Solution

c) Barrier

Solution

6. Name 3 ways you can make your Careers sessions more accessible

Before, during and after

BEFORE/PREPARATION

a)

b)

c)

DURING

a)

b)

c)

AFTER

a)

b)

c)

Any other thoughts, ideas, observations and good practice on what works, that you would like to share?