

BRIGHT HORIZONS AT LITTLE OAKS

| | MONDAY 29th | TUESDAY 30th | WEDNESDAY 31st | THURSDAY 1st | FRIDAY 2nd |
|----------------------------|--|--|---|--|--|
| BREAKFAST | CerealFruitMilk | PancakesApplesauceMilk | Hard Boiled EggsTurkey SausageFruitMilk | MuffinsFruitMilk | BagelCream CheeseFruitMilk |
| LUNCH | Sloppy Joes Green Bean Fruit Milk | Chicken Parm Salad Fruit Milk | BBQ Meatballs Mashed Potatoes Carrots Mandarin Oranges Milk | Bean and Cheese Quesadilla Corn Fruit Milk | Mac and Cheese Peas Fruit Milk |
| AFTERNOON SNACK | CrackerString CheeseWater | BananaYogurtWater | Whole Wheat BreadSun ButterWater | Fresh FruitCheese CubesWater | Graham Crackers Cream Cheese Water |
| EVENING SNACK 5:45PM | One of the Following String Cheese Nutrigrain Bar Graham Crackers | One of the Following String Cheese Nutrigrain Bar Graham Crackers | One of the Following String Cheese Nutrigrain Bar Graham Crackers | One of the Following String Cheese Nutrigrain Bar Graham Crackers | One of the Following String Cheese Nutrigrain Bar Graham Crackers |



► All meals are baked, not fried

- ► Vegetarian meal options available
- Fresh or frozen fruits and vegetables served daily
- Proteins include chicken, turkey, beef, cheese, and beans
- Whole milk served to infants and toddlers
- ▶1% milk served to young preschool, preschool, and kindergarten prep
- > All meals served family style and are included in the tuition