

| Week 1 | Monday | Tuesday | Wednesday | Thursday | Friday |
|-----------|---|---|--|--|--|
| Breakfast | Oatmeal Diced Peaches Milk | Banana Muffin Canned Pears (Applesauce-infants) Vanilla Yogurt Milk | Whole Grain French Toast Fresh Fruit Milk | Cold cereal Mandarin Oranges Milk | Whole Grain Apple Cinnamon Muffin Cottage Cheese Canned Pears Milk |
| Lunch | Turkey Meatloaf Mixed Vegetables Bananas Slice of Wheat Bread Milk | Cheese Pizza Diced Carrots Pineapple Tidbits Milk | Baked Chicken Corn Applesauce Dinner Roll Milk | Turkey with cheese on Whole Wheat Wrap Cut Green Beans Fresh Fruit Cup Milk | Macaroni and Cheese Stewed Tomatoes Apple Wedges (Applesauce-infants) Milk |
| Snack | Canned Pears Milk | Harvest Cheddar Sun Chips Milk | String cheese Milk | Apples Milk | Graham Crackers & Raisins Milk |

For snack, use age appropriate substitutions as necessary such as cheese, fruit, or leftover scheduled snacks.
On days when cold cereal is served, a variety is served to the children including Kix, Cheerios, and Rice Chex.
Children have the option to choose which they prefer.

| Week 2 | Monday | Tuesday | Wednesday | Thursday | Friday |
|-----------|--|--|--|--|---|
| Breakfast | Cold Cereal Banana Milk | Small Cheese Omelet Biscuit Diced Peaches Milk | 1/2 Whole Wheat Bagel Vanilla Yogurt Banana Milk | Whole Grain French Toast Apple Wedges (Applesauce - infants) Milk | Cold cereal Mandarin Oranges Milk |
| Lunch | Cheese Pizza Diced Carrots Diced Pears Milk | Cheesy Baked Tortellini Cut Green Beans Fresh Fruit Cup Milk | Beef Burger on Whole Wheat Bun Parmesan Potato Wedges Grilled Zucchini Applesauce Milk | Turkey with cheese Wrap Mixed Vegetables Diced Peaches Milk | Potato Crusted Cod Macaroni and Cheese Broccoli Florets Apple Wedges (Applesauce-infants) Milk |
| Snack | Mandarin Oranges Milk | Harvest Cheddar Sun Chips Milk | Cheese Slices & Saltines Milk | Fresh Pears Milk | Tortilla Chips and Salsa Milk |

For snack, use age appropriate substitutions as necessary such as cheese, fruit, or leftover scheduled snacks.
On days when cold cereal is served, a variety is served to the children including Kix, Cheerios, and Rice Chex.
Children have the option to choose which they prefer.

| Week 3 | Monday | Tuesday | Wednesday | Thursday | Friday |
|-----------|--|--|---|--|---|
| Breakfast | Vanilla Yogurt Whole Grain Apple Cinnamon Muffin Fresh Fruit Cup Milk | Cold cereal Banana Milk | Pancakes Applesauce Milk | Egg and Cheese Whole Wheat Wrap Canned Pears Milk | Cold Cereal Apple Wedges (Applesauce-infants) Milk |
| Lunch | Baked Chicken Breast Pierogis Diced Carrots Apple Wedges (Applesauce- infants) Milk | Ham and Cheese on Wheat Wrap Mixed Vegetables Pineapple Tidbits Milk | Chicken Fingers Mashed Sweet Potatoes Cut Green Beans Mandarin Oranges Slice of Wheat Bread Milk | Whole Wheat Pasta With Meatballs and Marinara Sauce Peas and Carrots Bananas Milk | Fish Sticks Lemon and Parsley Orzo Steamed Zucchini Fresh Fruit Cup Milk |
| Snack | Canned Peaches Milk | Cornbread Muffins Milk | Grapes Milk | Saltines & Cheese Cubes Milk | Oranges Milk |

For snack, use age appropriate substitutions as necessary such as cheese, fruit, or leftover scheduled snacks.
On days when cold cereal is served, a variety is served to the children including Kix, Cheerios, and Rice Chex.
Children have the option to choose which they prefer.