

January

	Monday	Tuesday	Wednesday	Thursday	Friday
	1	2	3	4	5
AM Snack	NO SCHOOL New Years Day	Carrot Bread, Applesauce	Banana Oat Cookie, Fruit	Cinnamon Rice Pudding, Fruit	Zucchini Bread, Fruit
Lunch*		Chicken Curry w/Rice	Turkey Meatballs	Chicken Quesadilla	Mexican Lasagna w/ Beef
PM Snack		Eggplant Hummus, Pita	w/ Mashed Potatoes Cheese Cubes, Vegetables	Creamy Spinach Dip, Carrots	Lemon Pepper Oat Crackers Fruit
	8	9	10	11	12
AM Snack	Blueberry Bread, Applesauce	Corn Bread, Fruit	Sw Potato Bread, Fruit	Cinnamon Sw Potato Chips, Fruit	Yogurt, Fruit
Lunch*	Mac & Cheese	Chicken Taco	Beef Chili w/ Oyster Crackers	Cheesy Beef Rice Bake	BBQ Chicken Sandwich
PM Snack	Black Bean-Corn Medley Corn Tortilla Chips	Pretzel Bites, Cheese Cubes	Roasted Red Pepper Hummus, Pita	Black Bean Dip, Corn Tortilla Chips	Curry Oat Crackers, Cheese Cubes
	15	16	17	18	19
AM Snack	Cinnamon Oat Crackers, Cheese	Banana Bread, Fruit	Sw Potato Bread, Fruit	Banana Oat Cookie, Yogurt	Zucchini Bread, Fruit
Lunch*	Baked Mostaccioli w/ Turkey	Cajun Rice & Beans w/ Beef	Chicken Teriyaki w/ Rice	Grilled Cheese	Cheeseburger
PM Snack	Beet Hummus, Corn Tortilla Chips	Sw Potato Pancakes, Applesauce	Parmesan Potato Wedges Cheese Cubes	Pretzel Bites, Applesauce	Creamy Spinach Dip, Pita
	22	23	24	25	26
AM Snack	Carrot Bread, Applesauce	Sw Potato Bread, Fruit	Blueberry Bread, Applesauce	Sw Potato Chips, Fruit	Banana Oat Cookie, Fruit
Lunch*	Turkey Tetrizzini	Cheese Pizza	Lemon Pepper Chicken & Rice	Turkey Sloppy Joes	Vegetable Beef Soup
PM Snack	Yogurt, Fruit	Cinnamon Pancakes, Fruit	Carlic & Parsley Oat Crackers, Cheese Cubes	Pretzel Bites, Yogurt	Hummus, Pita
	29	30	31	1-Feb	2-Feb
AM Snack	Black Bean Dip, Pita	Banana Bread, Fruit	Corn Bread, Fruit	Blueberry Bread, Applesauce	Cinnamon Rice Pudding, Fruit
Lunch*	Chicken Alfredo	Chickpea Hushpuppies	Chicken Stir Fry	Pasta w/ Beef Bolpognese Sauce	Chicken Tenders
PM Snack	Parmesan Potato Wedges, Yogurt	Creamy Spinach Dip Corn Tortilla Chips	Curry Oat Crackers, Cheese Cubes	Black Bean-Corn Medley, Pita	Beet Hummus, Corn Tortilla Chips

***All lunches are served with fresh fruit, vegetables, and 1% milk.**

GF = Gluten Free

DF = Dairy Free

V = Vegan

VEG = Vegetarian

Beyond Green Sustainable Food Partners

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