



# Breakfast & Snack Menu



# January 2020



Monday	Tuesday	Wednesday	Thursday	Friday
		<b>1</b> Closed for New Year's Day	<b>2</b> +Cheerios Fresh fruit ~~~~~ Soft pretzel Applesauce	<b>3</b> Rice Crispies Fresh fruit ~~~~~ +Whole wheat pita pizza with Cheese
<b>6</b> +Rice Chex Fresh fruit ~~~~~ Graham cracker Diced peaches	<b>7</b> Cinnamon bagel w/butter Fresh fruit ~~~~~ Saltines Peach yogurt	<b>8</b> +Kix Fresh fruit ~~~~~ Flatbread Sliced cheddar	<b>9</b> Bran muffin Fresh fruit ~~~~~ Diced pears Cereal snack mix	<b>10</b> +Blueberry-peach oatmeal ~~~~~ Triscuits Cucumber slices & ranch
<b>13</b> +Whole wheat flakes Fresh fruit ~~~~~ Wheat thins String cheese	<b>14</b> +Wheat bagel w/cream cheese Fresh fruit ~~~~~ Vanilla yogurt with Granola	<b>15</b> +Cheerios Fresh fruit ~~~~~ Soft pretzel Applesauce	<b>16</b> Rice Crispies Fresh fruit ~~~~~ +Whole wheat pita pizza with Cheese	<b>17</b> +Apple oatmeal ~~~~~ +Soft breadsticks Cheese cubes
<b>20</b> Closed for MLK Jr Day	<b>21</b> +Rice Chex Fresh fruit ~~~~~ Graham cracker Diced peaches	<b>22</b> Cinnamon bagel w/butter Fresh fruit ~~~~~ Saltines Raspberry yogurt	<b>23</b> +Kix Fresh fruit ~~~~~ Flatbread Sliced cheddar	<b>24</b> Bran muffin Fresh fruit ~~~~~ Diced pears Cereal snack mix
<b>27</b> +Whole wheat flakes Fresh fruit ~~~~~ Wheat thins String cheese	<b>28</b> +Wheat bagel w/cream cheese Fresh fruit ~~~~~ Vanilla yogurt with Granola	<b>29</b> +Cheerios Fresh fruit ~~~~~ Soft pretzel Applesauce	<b>30</b> Rice Crispies Fresh fruit ~~~~~ +Whole wheat pita pizza with Cheese	<b>31</b> +Apple oatmeal ~~~~~ +Soft breadsticks Cheese cubes

+Whole grain