



January 2020



Dried Blueberries

Snack Menu

Monday	Tuesday	Wednesday	Thursday	Friday	
Happ	y New	Year! V	Velcom	e Back!	*** Water is available to students at all times. *** Snack menu is subject to change based on availability.
6 Morning Cheez-Its Raisins Afternoon Pretzels Fruit Snacks	7 Morning Pita Chips Swiss Cheese Afternoon Goldfish Dried Blueberries	8 Morning Multi Grain Crackers String Cheese Afternoon Graham Crackers Mango	9 Morning Ritz Crackers Yogurt Afternoon Nutri-Grain Bars	Special K Frozen Raspberries Afternoon Rice Cakes Sunflower Butter	SERVING SIZES Cereal 1/3 c. Cereal w/Raisins 1/2 c. Pretzels 3 lg/10 sm Multigrain Crackers 2 Graham Crackers 1
Ritz Crackers Dried Apricots Afternoon Chex Cereal Frozen Blueberries	Cheerios Apple Sauce Afternoon Wheat Thins Craisins	Pita Chips Hummus Afternoon Townhouse Crackers American Cheese	Pub Mix Dried Blueberries Afternoon Graham Crackers Yogurt	17 Morning Special K Raisins Afternoon Goldfish Mango	Townhouse/Ritz/Club 3 Wheat Thins 8 Cheez-Its 14 Goldfish 20 Veggie Chips 11 Pita Chips 3 Veggie Straws 18
Closed in observance of Martin Luther King Jr. Day	21 Morning Multigrain Crackers Mango Afternoon Pretzels American Cheese	22 Morning Chex Mix Swiss Cheese Afternoon Special K Raisins	23 Morning Goldfish Craisins Afternoon Graham Crackers Apple Sauce	24 Morning Wheat Thins Hummus Afternoon Cherrios Dried Cherries	Pirates Booty 14 Special K Bars 2 Fruit Bars 1 Dried Fruit 1/6 c. Frozen Berries 1/4 c. Cheese 1 Fruit Snacks 1
27 Morning Oatmeal Dried Blueberries Afternoon Nutri-Grain Bars	28 Morning Cheez-Its Apricots Afternoon Pub Mix	29 Morning Rice Cakes Sunflower Butter Afternoon Pretzels	30 Morning Wheat Thins Raisins Afternoon Goldfish	31 Morning Pita Chips Swiss Cheese Afternoon Goldfish	Applesauce 1/4 c. Greek Yogurt 1/2 c. Banana/Apple Chips 8

Craisins

Apple Sauce

Mango