

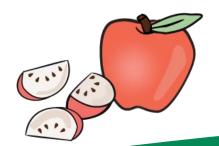
## Bright Generations Downtown – Week of October 24<sup>th</sup>

## What's on the Menu?

	<b>MONDAY</b> 10/24	TUESDAY 10/25	WEDNESDAY 10/26	THURSDAY 10/27	FRIDAY 10/28
BREAKFAST	Cheese Toast Applesauce Milk/Water	Biscuits Turkey Bacon V-Veggie Sausage Pears Milk/Water	Turkey Sausage V-Veggie Sausage Cheese Grits Oranges Milk/Water	Waffles Cinnamon Apple Milk/Water	Cornflakes Bananas Milk/Water
LUNCH	Veggie Lasagna Bread Stick Pineapple Milk/Water	Turkey Cheeseburger Slider V-Veggie Cheese Patty Sweet Potato Fries Tropical Fruit Milk/Water	Orange Chicken V-Vegetarian Nuggets Brown Rice Broccoli Apricot Milk/Water	Turkey Salisbury w/ Gravy V-Veggie Patty Mashed Potatoes Green Beans Pears Milk/Water	Cheese Pizza Mixed Vegetables Watermelon Milk/Water
AFTERNOON SNACK	Pita Chips Hummus Water	Sweet Potato Crackers Fruit Cups Water	Graham Crackers String Cheese Water	Yogurt Blueberries Water	Assorted Fruit Bars Water









- All meals are baked, not fried
- Vegetarian meal options available
- Fresh fruits and vegetables served daily
- Proteins include chicken, turkey, beef, tofu, cheese, and beans
- Whole milk served to children ages 12-24 months 1% milk served to children 24 months and older
- All meals served family style