

BRIGHT HORIZONS AT Triangle Tots Child Development Center

From the Director

Greetings from Triangle Tots!

I do hope that everyone is doing well! We have a busy month ahead so much to celebrate- WOTYC and Earth Day!! This year marks the 50th anniversary of the Week of the Young Child, which will take place April 10 - 16, 2021. We look forward to celebrating the week of the young child. The WOYC is an annual celebration sponsored by the National Association for the Education of Young Children (NAEYC).

The purpose of this celebration is to focus public attention on the needs of young children and their families and to recognize the early childhood programs and services that meet those needs. During this week, our center classrooms will explore a variety of art explorations, music and movement, and science experiments. Please be sure to review our April Calendar to see our plans for an active and exciting month of virtual community involvement experiences and special center-wide activities. <http://www.naeyc.org/events/woyc>.

Here at the Triangle Tots, we pledge to improve the lives of children and families where we live and work, and caring for the environment is part of that promise. We teach our children values that focus on respecting all living things, protecting the environment, and conserving resources, and in all of our workplaces, we aim to inspire and engage in earth-friendly practices.

So many incredible eco-healthy things happen around Bright Horizons, and we know this Earth Day will be no different! Your children's teachers have a lot planned for this Earth Day – stay tuned! If you have any recyclable materials that you can bring in, please drop them off at the front and we will surely use them during the month of April.

Tasha

"When I was very young, most of my childhood heroes wore capes, flew through the air, or picked up buildings with one arm. They were spectacular and got a lot of attention. But as I grew, my heroes changed, so that now I can honestly say that anyone who does anything to help a child is a hero to me."

- Fred Rogers

Important Dates

April 7th: World Health Day

April 10th: National Siblings Day

April 11th: National Pet Day

April 12th – 16th: Week of the Young Child

April 22nd: Earth Day

April 25th: May Tuition Due

Reasons to Celebrate

Happy Birthday Miss Ayesha

Health & Safety at Bright Horizons

Our enhanced COVID-19 protocols ensure health and safety practices in every center align with the CDC and state and local municipalities. Learn more about what we are doing to keep children, families, and staff safe.

brighthorizons.com/health-safety

Tips for Encouraging SEL

“The research is fairly conclusive: social-emotional development and learning (SEL) are critical for school and life success and satisfaction. If we want children to do well and be happy, these competencies are key. They are the not-so-secret ingredient behind every successful child and adult.” - Rachel Robertson - VP, Education and Development

- 1. Honor and validate a child’s feelings.** If your child is distressed, instead of saying a quick “You’re OK,” try responding with empathy by saying, “I see how sad you are. I’ll help you.”
- 2. Practice skills through play.** Use stories, puppets, and role-play to teach a variety of SEL skills, e.g. use puppets to demonstrate how to ask for a turn.
- 3. Use encouragement instead of praise.** Encouragement is specific and focuses on effort, e.g. “That was really hard and you kept working on it until you figured it out” rather than “Nice job.”

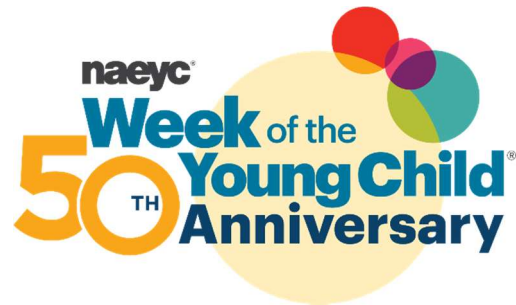
What’s Next in Work, Parenting, and Wellness

In a recent webinar, experts discussed and reflected on parenting and caregiving during the pandemic. Our Bright Horizons CMO Kristy Cunningham moderated this panel discussion and provided guidance and insight for the road ahead on three topics important to families: health and safety, work-life integration, and wellness. [Click here to register and listen to the recording.](#)

Growing Readers Review: Mar 2021

Be sure to check out our Growing Readers Books of Excellence for March, featuring “Fly,” by Mark Teague, about a young bird who refuses to fly (preschoolers). In each monthly issue, you will find a highlighted Book of Excellence, other age-specific notable books, storytelling tips, and ideas for extending the learning.

Access the latest issue [here](#).



The Week of the Young Child® is April 12th – 16th!

We’re offering a free week of virtual enrichment classes to celebrate the 50th anniversary of Week of the Young Child®!

Each day, from April 12th – 16th, we will post a new class to [Facebook \(facebook.com/BrightHorizons\)](https://www.facebook.com/BrightHorizons) for you to enjoy that tie into the daily Week of the Young Child® theme. Join us to experience our in-classroom virtual enrichment offerings, all week long from your home!

Ocean Burst

Join Mr. Nate, one of our Bright Horizons virtual enrichment teachers, as we swim through the ocean as a starfish, move to the waves like seaweed, and hang out in the sand as a clam!

This movement activity, [Ocean Burst](#), is designed to support developing muscle movement coordination and large muscle movement and is from our friends at BOKS – a Reebok initiative!

[Watch the video](#) to learn how to do this creative activity with your child. Find more movement activities at worldathome.brighthouse.com.

**MOVEMENT MATTERS
SPOTLIGHT**
powered by **boks**

Summer Explorations

We have an action-packed summer planned! Lookout for more details on our investigative topics and virtual enrichments for summer 2021.