

Bright Horizons at Adams Street News

From the Director

Happy May Everyone!

We are all excited that Summer weather is here...and hopefully to stay!

If you have not returned your 2018 Re-registration paperwork, please do so immediately. This will allow us to determine our staffing and enrollment needs for the upcoming school year.

May is a busy month at Adams Street! We would like to join in celebrating all of our Mother's by joining us for a breakfast in your child's classroom on Friday, May 11th. Each classroom will be emailing out specifics by end of week.

May 7th – 11th is also Teacher Appreciation Week. Each day of this week we will offer a different token of appreciation to all of our staff here at Adams Street. I invite all of you to offer a note of appreciation as well at <https://appreciation.brighthouse.com/>. These comments will be shared with the teachers and posted on our centers website as well.

On June 22nd we will be celebrating our K-Prep Graduation. Specific details of the event will be coming out from Ms. Sonia and Ms. Kim.

Thank you!
TJ McNamara
Executive Director

Important Dates

May 5th – Cinco de Mayo
May 7th – 11th – Teacher Appreciation Week
May 11th – Mother's Day Breakfast
May 13th – Mother's Day
May 15th – Ramadan Begins
May 28th – Closed for Memorial Day
July 4th – Closed for Independence Day
June 22nd – K-Prep Graduation

Happy Birthday!!

Ms. Kary – May 4th
Adrienne K. – May 9th
Ms. Ashley J. – May 11th
Marina P.G. – May 20th
Gemma B. – May 21st
Thomas M. – May 21st
Jordan K. – May 22nd
Sophie F. – May 23rd
Marie Y. – May 23rd
Cillian C. – May 24th
Joanne V. – May 25th
Luisa M. – May 28th
Hannah K. – May 29th
Rainer P. – May 30th

Bright Horizons at Adams Street

345 Adams St. Brooklyn, NY 11201
(718)488-7770 | adamsstreet@brighthouse.com
Monday – Friday 7:00 am – 6:30 pm



CLASSROOM HIGHLIGHTS

Language Works

Language Works guides the road to literacy, fostering a love of books through stories read aloud. Through this we learn to listen intently to children's books, increase our vocabulary and comprehension, and participate in the give-and-take of conversations. We learn this by listening to books read aloud, exploring books independently, and conversing with teachers who model communications both one-on-one and in groups.



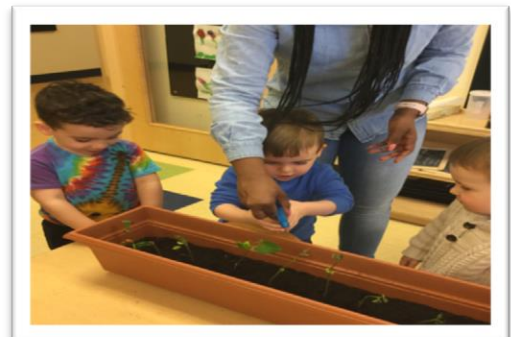
Math Counts

Math Counts offers a framework for developing the skills and abilities of young mathematicians, ensuring that children recognize math in everyday life. We learn to gather two or more similar objects from a variety of items, sort objects by one or more characteristics, and create and follow simple patterns. We learn to do this by categorizing items, sorting items by similar attributes, and creating patterns with different items in the classroom.



Garden Works/Toward a Better World

Toward a Better World presents unique experiences to help children understand the global world they inhabit. In these experiences we learn to care for the environment by understanding the relationship between living and nonliving things and understanding our own impact on the environment. We learn this by caring for classroom plants and growing/harvesting our own gardens.



Art Smart

As children grow, their ability to engage in complex projects increases, paving the way for vibrant, creative, and expressive artistic endeavors. We learn to purposefully choose materials to achieve desired outcomes, represent an idea using visual materials, and critique and make observations about artwork and illustrations. We learn this by experimenting with different materials, tools, and styles of artwork.



READY FOR SCHOOL NEWS

Family Fitness Fun

You've heard the statistics: one in five preschoolers is obese and the childhood obesity rate has tripled in the last 30 years. At Bright Horizons®, we're passionate about children's health and we believe this trend can be reversed. In 2011, Bright Horizons joined the Partnership for a Healthier America (PHA). As part of our PHA commitment, we're updating physical education training materials for teachers to ensure that children get the physical activity they need every day. We're also producing a host of resources for families. Building better health is as simple as becoming more physically active, one step at a time. Below are a few ideas for easy family fitness.

Start a habit.

Children aren't particularly interested in why fitness is so important. They are interested, though, in fun family time. Establishing habits of physical activity in childhood paves the way for healthy adulthood. So, try to plan at least one physical activity on the weekend. Go for a walk, play at the park, or head to a pool. Think about building physical activity into your schedule at least three times during the week. This can be as simple as throwing a ball around before dinner or playing a quick game of hide and seek. It doesn't have to be lengthy or complicated, but you do need to be intentional about it. Write it into your schedule so it becomes a habit.

Get mobile.

One of the simplest ways to get more exercise is by ditching the car. Walk, bike, or rollerblade to school, the store, the library – anywhere you can. Some areas are more “walk friendly” than others, of course, but try to walk as often as possible.

Work it out.

Family chores are another way to get moving. Raking leaves, weeding a garden, mopping the floor – all these activities get the body moving. Turn on some music and make chores a fun family time. Try to be consistent, as well. When children know that the family will spend an hour every Saturday working together, for example, they're less likely to balk and more likely to see it as a predictable part of their family culture.



Education & Development

TEACHER & STAFF APPRECIATION MONTH

Join us in celebrating our teachers & staff!

The greatest reward a teacher or staff member can receive is knowing that they have made a difference in the lives of children and families. Don't miss the opportunity to celebrate and recognize all of the teachers and staff who make their classrooms a wonderful place for children and families.

Teacher Appreciation Day is May 8th but our teachers, support staff, and leadership team work hard all year long to make your child's experience here the very best it can be. Help us celebrate them all month long!

Your thoughts make a difference – and mean a lot to all of us. Take a moment to share any stories, comments, and well wishes for those who touch your family's life each day.

Visit our Teacher & Staff Appreciation Website to leave a special note of appreciation for your child's teacher or exceptional staff member. The website will be open from May 1st through May 31st.

appreciation.brighthorizons.com

