

# BRIGHT HORIZONS AT LISLE

## What's on the Menu?



| Week of 04/29/19       | MONDAY   | TUESDAY   | WEDNESDAY  | THURSDAY   | FRIDAY  |
|------------------------|--|---|--|--|---|
| <b>BREAKFAST</b>       | <ul style="list-style-type: none"> <li>Raisin Bran</li> <li>Apples</li> <li>Organic Milk</li> </ul>  | <ul style="list-style-type: none"> <li>French Toast Casserole</li> <li>Pears</li> <li>Organic Milk</li> </ul>   | <ul style="list-style-type: none"> <li>Homemade Banana Muffins</li> <li>Peaches</li> <li>Organic Milk</li> </ul>                                     | <ul style="list-style-type: none"> <li>Whole Wheat Mini Bagels</li> <li>Cream Cheese</li> <li>Bananas</li> <li>Organic Milk</li> </ul> | <ul style="list-style-type: none"> <li>Cornflakes</li> <li>Apples</li> <li>Organic Milk</li> </ul>  |
| <b>MORNING SNACK</b>   | <ul style="list-style-type: none"> <li>Cheese Quesadilla</li> <li>Cucumber Slices</li> <li>Water</li> </ul>  | <ul style="list-style-type: none"> <li>Fresh Carrots</li> <li>Ranch Dip</li> <li>Water</li> </ul>   | <ul style="list-style-type: none"> <li>Whole Grain Cheddar Crackers</li> <li>Pears</li> <li>Water</li> </ul>   | <ul style="list-style-type: none"> <li>Graham Crackers</li> <li>Oranges</li> <li>Water</li> </ul>                                      | <ul style="list-style-type: none"> <li>Fruit Burritos</li> <li>Water</li> </ul>   |
| <b>LUNCH</b>           | <ul style="list-style-type: none"> <li>BBQ Glazed Turkey Meatballs</li> <li>Pinto Beans</li> <li>Steamed Carrots</li> <li>Pears</li> <li>Organic Milk</li> </ul> | <ul style="list-style-type: none"> <li>Chicken Alfredo with Whole Graine Noodles</li> <li>Steamed Green Beans</li> <li>Oranges</li> <li>Organic Milk</li> </ul> | <ul style="list-style-type: none"> <li>Whole Wheat Veggie Quesadillas</li> <li>Steamed Cauliflower</li> <li>Oranges</li> <li>Organic Milk</li> </ul> | <ul style="list-style-type: none"> <li>Taco Casserole</li> <li>Steamed Peas</li> <li>Pears</li> <li>Organic Milk</li> </ul>            | <ul style="list-style-type: none"> <li>Homemade Vegetable and Pasta Soup</li> <li>Warm Corn Bread</li> <li>Pears</li> <li>Organic Milk</li> </ul> |
| <b>AFTERNOON SNACK</b> | <ul style="list-style-type: none"> <li>Rice Cakes</li> <li>Soy Butter</li> <li>Oranges</li> <li>Water</li> </ul>   | <ul style="list-style-type: none"> <li>Oatmeal Squares</li> <li>Apples</li> <li>Water</li> </ul>  | <ul style="list-style-type: none"> <li>Cheese Cubes</li> <li>Apples</li> <li>Water</li> </ul>  | <ul style="list-style-type: none"> <li>Trail Mix</li> <li>Apples</li> <li>Water</li> </ul>   | <ul style="list-style-type: none"> <li>Homemade Pear Loaf</li> <li>Cucumber Slices</li> <li>Water</li> </ul>                                      |
| <b>TAKE HOME SNACK</b> | <ul style="list-style-type: none"> <li>Oyster Crackers</li> </ul>  | <ul style="list-style-type: none"> <li>String Cheese</li> </ul>   | <ul style="list-style-type: none"> <li>Graham Crackers</li> </ul>  | <ul style="list-style-type: none"> <li>Nutrigrain Bar</li> </ul>   | <ul style="list-style-type: none"> <li>Wheat Crackers</li> </ul>  |

### We Serve Healthy Meals

- Vegetarian alternatives available
- Organic whole milk served to Infants and Toddlers
- Organic 1% milk served to Twos, Preschool, and Kindergarten Prep
- All meals included in the tuition
- All meals served family style

