  **Mashantucket Child Development Center Menu**

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| **Monday** | **Tuesday** | **Wednesday** | **Thursday** | **Friday** |
| **Breakfast**  Milk  Cereal  Banana | **Breakfast**  Milk  Cereal  Fruit | **Breakfast**  Milk  Baked Oatmeal  Fruit Smoothie | **Breakfast**  Milk  Whole Wheat Bagel Cream Cheese  Fruit | **Breakfast**  Milk  Cereal  **\*Fruit** |
| **Lunch**  Milk  Whole Grain Cheese Pizza  Peaches  **\***California Vegetables | **Lunch**  Milk  Italian Meatballs  Wheat Pasta & Sauce  Broccoli  Fruit | **Lunch**  Milk  Egg, Turkey Sausage  Bread Thins  Fresh Vegetable  Fruit Salad | **Lunch**  Milk  BBQ Chicken Breast  Mashed Potatoes  Green Beans  Fruit | **Lunch**  Milk  Chicken & Cheese Quesadilla, Salsa  Corn  Fruit |
| **PM Snack**  Water  Yogurt  Cherrios | **PM Snack**  Water  Cucumber  Dressing, Saltines | **PM Snack**  Water  Pirate Puffs  Unsweetened Apple Sauce | **PM Snack**  Water  **\*Fruit** | **PM Snack**  Water  Frozen Fruit Bar |

**\*California vegetables are Broccoli, Cauliflower & Carrots Menu Notes: Please offer condiments when appropriate.**

**Fruit is fresh in season, whole or in fruit salad Condiments: Ketchup, Mustard, Ranch, Mayo, Syrup**

**We serve 1% and Whole Milk**

**\**Please use any fresh fruit left in your classroom first***

**~Menu is subject to change due to availability of items~**