BRIGHT HORIZONS AT LISLE

What's on the Menu?

| | Week of 11/04/19 | MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY |
|--|--------------------|--|--|--|--|--|
| | BREAKFAST | CheeriosApplesOrganic Milk | Warm OatmealApplesOrganic Milk | Mini Cheese OmeletsPeachesOrganic Milk | Warm English Muffin Homemade Jam Pears Organic Milk | CrispexApplesOrganic Milk |
| | MORNING SNACK | Whole Grain Pasta SaladWater | Pita Bread with Sun ButterBananasWater | Whole Grain Vanilla WafersOrangesWater | Pretzel BitesCucumber SlicesWater | Fresh Fruit Salsa Homemade Baked Tortilla Chips Water |
| | LUNCH | Parmesan Chicken Steamed Green Beans Pears Organic Milk | Beef Goulash with Peas and Carrots Steamed Cauliflower Oranges Organic Milk | Vegetable Pasta Bake Steamed Peas Pears Organic Milk | BBQ Chicken Sandwiches on Whole Wheat Buns Steamed Carrots Oranges Organic Milk | Whole Wheat Veggie Quesadillas Steamed Mixed Veggies Pears Organic Milk |
| | AFTERNOON SNACK | Ants on LogWater | String CheesePearsWater | Wheat CrackersBananasWater | Oatmeal SquaresCucumber SlicesWater | Homemade AppleBreadBananasWater |
| | TAKE HOME SNACK | ■ Graham Crackers | ■ Nutrigrain Bar | Oyster Crackers | ■ String Cheese | ■ Wheat Crackers |

We Serve Healthy Meals

- Vegetarian alternatives available
- Organic whole milk served to Infants and Toddlers
- Organic 1% milk served to Twos, Preschool, and Kindergarten Prep
- All meals included in the tuition
- All meals served family style



