

# BRIGHT HORIZONS AT IMPERIAL CENTER

## What's on the Menu?



	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>MORNING SNACK</b>	<ul style="list-style-type: none"> <li>Apple Bars</li> <li>Organic Milk</li> </ul>	<ul style="list-style-type: none"> <li>Boiled Eggs</li> <li>Fresh Fruit</li> <li>Organic Milk</li> </ul>	<ul style="list-style-type: none"> <li>Yogurt</li> <li>Blueberries</li> <li>Organic Milk</li> </ul>	<ul style="list-style-type: none"> <li>Toasted English Muffin</li> <li>Organic Milk</li> </ul>	<ul style="list-style-type: none"> <li>Whole Grain Cereal</li> <li>Organic Milk</li> </ul>
<b>LUNCH</b>	<ul style="list-style-type: none"> <li>Turkey &amp; Cheese on Whole Wheat</li> <li>Succotash</li> <li>Bananas</li> <li>Organic Milk</li> <li>V: Cheese on Whole Wheat</li> </ul>	<ul style="list-style-type: none"> <li>BBQ Meatballs</li> <li>Carrots/String Beans</li> <li>Diced Pears</li> <li>Organic Milk</li> <li>V: Veggie Pattie</li> </ul>	<ul style="list-style-type: none"> <li>Grilled Chicken w/ Whole Grain Pasta Salad</li> <li>Green Peas</li> <li>Diced Peaches</li> <li>Organic Milk</li> <li>V-Veggie Pasta</li> </ul>	<ul style="list-style-type: none"> <li>Meatloaf</li> <li>Steamed Vegetable Medley</li> <li>Apple Slices</li> <li>Organic Milk</li> <li>V: Veggie Pattie</li> </ul>	<ul style="list-style-type: none"> <li>Sunbutter on Whole Grain Bread</li> <li>Steamed Vegetable Medley</li> <li>Apple Slices</li> <li>Organic Milk</li> </ul>
<b>AFTERNOON SNACK</b>	<ul style="list-style-type: none"> <li>String Cheese</li> <li>Carrot/Cucumber Slices</li> </ul>	<ul style="list-style-type: none"> <li>Graham Crackers</li> <li>Cream Cheese</li> </ul>	<ul style="list-style-type: none"> <li>Whole Grain Crackers</li> <li>Fresh Fruit</li> </ul>	<ul style="list-style-type: none"> <li>Yogurt</li> <li>Fresh Fruit</li> </ul>	<ul style="list-style-type: none"> <li>Cheese Cubes</li> <li>Whole Grain Crackers</li> </ul>

### We Serve Healthy Meals

- Vegetarian meal options available
- Fruits and vegetables served daily
- All meals are baked, not fried
- Proteins include chicken, turkey, beef, tofu, cheese, and beans
- Organic Whole milk served to infants and toddlers
- 1% Organic milk served to young preschool, preschool, and kindergarten prep
- All meals included in the tuition
- All meals served family style

**I/T: Infant/Toddler Alternative**

**V: Vegetarian Alternative**

