

What's on the Menu?

| | MONDAY 11/7 | TUESDAY 11/8 | WEDNESDAY 11/9 | THURSDAY 11/10 | FRIDAY 11/11 |
|----------------------------|---|---|--|--|--|
| BREAKFAST | Blueberry Muffins Applesauce Milk/Water | Turkey Sausage V-Veggie Sausage Toast Oranges Milk/Water | English Muffins Apple Butter Pears Milk/Water | Whole Wheat Pancakes Turkey Bacon V-Veggie Sausage Blueberries Milk/Water | Rice Crispy Cereal Bananas Milk/Water |
| LUNCH | Pasta Marinara Broccoli Pineapple Milk/Water | Chicken And Dumpling V-Vegetarian Patty Mixed Vegetables Peaches Milk/Water | Grilled Cheese Succotash Apricot Milk/Water | Turkey w/Gravy V-Veggie Patty Cornbread Stuffing Green Beans Oranges Milk/Water | Fish Nuggets V-Vegetarian Nuggets Sweet Potato Fry's Tropical Fruit Milk/Water |
| AFTERNOON SNACK | Pita Chips Hummus Water | Sweet Potato Crackers Fruit Cups Water | Graham Crackers String Cheese Water | Yogurt Sliced Oranges Water | Assorted Fruit Bars Water |

 Vegetarian Alternative

 Substitute for Infants/Toddlers



- ▶ All meals are baked, not fried
- ▶ Vegetarian meal options available
- ▶ Fresh fruits and vegetables served daily
- ▶ Proteins include chicken, turkey, beef, tofu, cheese, and beans
- ▶ Whole milk served to children ages 12-24 months
1% milk served to children 24 months and older
- ▶ All meals served family style

What's on the Menu?

| | MONDAY 11/14 | TUESDAY 11/15 | WEDNESDAY 11/16 | THURSDAY 11/17 | FRIDAY 11/18 |
|------------------------|---|---|--|--|---|
| BREAKFAST | Waffles Peaches Milk/Water | Biscuits Turkey Ham V-Veggie Sausage Cinnamon Apples Milk/Water | French Toast Sticks Blueberries Milk/Water | Turkey Sausage V-Veggie Sausage Toast Oranges Milk/Water | Corn Flakes Bananas Milk/Water |
| LUNCH | Turkey Spaghetti V-Vegetarian Spaghetti Broccoli Pears Milk/Water | Cheese Quesadilla Succotash Pineapple Milk/Water | Turkey Sloppy Joe V-Vegetarian Sloppy Joe Vegetarian Baked Beans Apricots Milk/Water | Chicken Nuggets V-Veggie Nuggets Mixed Vegetables Pineapple Milk/Water | Cheese Tortellini Peas and carrots Cantaloupe Milk/Water |
| AFTERNOON SNACK | Cheese Crackers Fruit Cup Water | Animal Crackers Water | Honey Dew Melon Wheat Crackers Water | Fig Newton Applesauce Water | Soy Butter & Jelly Sandwich Water |

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What's on the Menu?

| | MONDAY 11/21 | TUESDAY 11/22 | WEDNESDAY 11/23 | THURSDAY 11/24 | FRIDAY 11/25 |
|------------------------|--|--|---|--------------------------|------------------------|
| BREAKFAST | Blueberry Muffins Applesauce Milk/Water | English Muffins Apple Butter Pears Milk/Water | Cheerios Oranges Milk/Water | Center Closed | Center Closed |
| LUNCH | Grilled Turkey and Cheese Sandwich V-Grilled Cheese Potato wedges Pineapple Milk/Water | Cheese Pizza Mixed Vegetable Peaches Milk/Water | Chicken Nuggets V-Veggie Nuggets Succotash Pears Milk/Water | Center Closed | Center Closed |
| AFTERNOON SNACK | Graham Cracker Fruit Cup Water | Veggie Crackers Fruit Cups Water | Fruit Bar Water | Center Closed | Center Closed |

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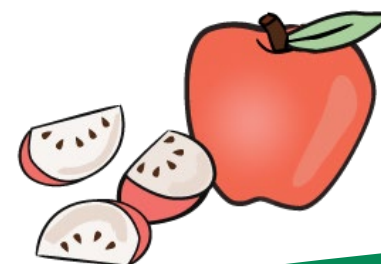


What's on the Menu?

| | MONDAY 11/28 | TUESDAY 11/29 | WEDNESDAY 11/30 | THURSDAY 12/1 | FRIDAY 12/2 |
|----------------------------|--|---|---|--|--|
| BREAKFAST | Banana Muffins Applesauce Milk/Water | Cheese Toast Turkey Bacon V-Veggie Sausage Pears Milk/Water | Turkey Sausage V-Veggie Sausage Biscuits Grapefruit Milk/Water | French Toast Blueberries Milk/Water | Chex Cereal Bananas Milk/Water |
| LUNCH | Veggie Lasagna Bread Stick Pineapple Milk/Water | BBQ Chicken Sliders V-BBQ Veggie Slider Vegetarian Baked Beans Pears Milk/Water | Cheese Ravioli w/Marinara Sauce Vegetable Medley Apricot Milk/Water | Turkey Meatloaf V-veggie Patty Mashed Potatoes Green Beans Pears Milk/Water | Cheese Pizza Mixed Vegetables Tropical Fruit Milk/Water |
| AFTERNOON SNACK | Pita Chips Hummus Water | Sweet Potato Crackers Fruit Cups Water | Graham Crackers String Cheese Water | Yogurt Sliced Oranges Water | Assorted Fruit Bars Water |

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