



Menu

Week of September 24th-28th

Vegetarian Alternatives Available



Monday	Tuesday	Wednesday	Thursday	Friday
Breakfast				
Whole Grain Cereal Fresh Fruit Organic Milk	Mini Quiche Fresh Fruit Organic Milk	Whole Wheat Mini Bagels Cream Cheese Fresh Fruit Organic Milk	Peach French Toast Casserole Fresh Fruit Organic Milk	Whole Grain Cereal Fresh Fruit Organic Milk
Morning Snack				
Wheat Crackers Fresh Fruit Water	Pretzel Bites Cucumber Slices Water	Whole Grain Vanilla Wafers Fresh Fruit Water	Fresh Fruit Salad Water	Orange Cranberry Loaf Fresh Fruit Water
Lunch				
Chinese Chicken Steamed Brown Rice Fresh Fruit Organic Milk	Beef Goulash with Peas and Carrots Steamed Cauliflower Fresh Fruit Organic Milk	Vegetable Pasta Bake Steamed Green Beans Fresh Fruit Organic Milk	Brunch Whole Wheat Pancakes Turkey Sausage Patties Steamed Peas Fresh Fruit Organic Milk	Whole Wheat Veggie Quesadillas Steamed Carrots Fresh Fruit Organic Milk
Afternoon Snack				
Cheese Cubes Fresh Fruit Water	Rice Cakes Soy Butter Fresh Fruit Water	Graham Crackers Fresh Fruit Water	Apple Cinnamon Nutrigrain Fresh Fruit Water	Crackers Cucumber Slices Water



Bright Horizons at Lisle is proud to collaborate with the Partnership for a Healthier America® in their fight against childhood obesity and in favor of healthy food choices in the early years.

Chef Nicole

Nicole joined our Bright Horizons team in December 2015. Nicole has her A.A in Culinary Arts from College of DuPage and several years of experience in the food industry.

