

## February 2018 Menu

All "hard" fruits & vegetables (carrots, apples, etc.) will be cooked for Infants & Toddlers

Date	AM Snack	Lunch	PM Snack
Mon 1/29	Toast and applesauce	Chicken Nuggets, Steamed Sweet Potatoes, Fruit	Fresh Fruit and Crackers
Tues 1/30	Breakfast Bars, Milk	Cheese Quesadilla, black beans and Corn, Fruit (Vegetarian)	Pears and Wheat Thins
Wed 1/31	Bananas, Graham Crackers	Chicken Noodle Soup, Rolls, Fruit	Baby Carrots, Cucumber, and Ranch dip
Thurs 2/1	Cereal and Milk	Tuna Sandwiches, steamed carrots, Fresh Fruit	Cheese and Crackers
Fri 2/2	Buttered toast and Fruit	Pasta with Marinara Sauce, Steamed Vegetables, Fruit (Vegetarian)	Trail Mix, Apples
Mon 2/5	Cereal and Milk	Pasta Primavera, veggies, and fruit (Vegetarian)	Fruit, Wheat Thins
Tues 2/6	English Muffins with Fruit	Chicken cheese rice casserole, green beans, fruit	Oranges and crackers
Wed 2/7	Cream of wheat	Cheese Tortellini Soup, Vegetables, Fruit (Vegetarian)	Bread sticks with marinara
Thurs 2/8	Mango and gram crackers	Meatballs with Gravy, Oven Roasted Potatoes, Fruit	Pita bread and sun butter
Fri 2/9	Hard boiled eggs and crackers	Minestrone soup, rolls, and fruit (Vegetarian)	Mixed fruit and crackers
Mon 2/12	Cereal and Milk	Spaghetti with Meat sauce, vegetables, fruit	Naan Bread, Cheesy Dipping Sauce
Tues 2/13	String Cheese, Apples	Tofu Chow Mein with Veggies, Pineapple (Vegetarian)	Bananas and wheat crackers
Wed 2/14	Oatmeal and Milk	Spanish Rice, Steamed Vegetables, Fruit (Vegetarian)	Mango and Graham Crackers
Thurs 2/15	Waffles, Peaches	Sweet and Sour Meatballs, Rice, and Fruit	Pears and Wheat Thins
Fri 02/16	Turkey Sausage and Fruit	Cheese Tortellini Soup, Vegetables, Fruit (Vegetarian)	Egg Salad and Crackers
Mon 2/19		<b>CLOSED FOR PRESIDENTS DAY</b>	
Tues 2/20	Cinnamon Raisin Bagels (Plain for Infant/Todd) and Cream Cheese	Grilled Cheese Sandwich, Tomato Soup, Fruit (Vegetarian)	Cucumber and Carrots with Ranch Dip
Wed 2/21	Cereal and Milk	Chicken Pot Pie with Veggies, Fruit	Wheat Tortilla with Avocado
Thurs 2/22	Bananas, Graham Crackers	Bean and Cheese Burritos, Corn, Fruit (Vegetarian)	Fruit, Wheat Crackers
Fri 02/23	Oatmeal and Milk	Beef Stroganoff, Steamed Green Beans, Fruit	Cinnamon Grahams, Fruit
Mon 2/26	Raisin Bread and apple sauce	Garden Burgers, sweet potatoes, fruit (Vegetarian)	Cheese and Crackers
Tues 2/27	Breakfast Bars	Turkey sandwiches, carrots, fruit	Hummus and pita bread
Wed 2/28	Cereal and Milk	Meat Lasagna, Green Salad/Steamed Veggies and Fruit	Graham crackers and Banana
Thurs 3/1	Blueberry Muffins, Milk	Chicken, Mashed Potatoes and Gravy, fruit	Egg Salad, Wheat Crackers
Fri 3/2	Melon and crackers	Cheese Pizza, Vegetables, Fruit Salad (Vegetarian)	Pretzels and Cheese dipping sauce