



July 9<sup>th</sup> - 13<sup>th</sup>, 2018

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>BREAKFAST</b>	Fruity oatmeal	Scrambled eggs Breakfast potatoes Toast	Cheesy grits Fruit salad	Scrambled eggs with veggies Cinnamon toast	Turkey sausage Whole grain muffin with fruit
<b>LUNCH</b>	Beef* and broccoli noodle bowl with fresh herbs Mandarin vegetable medley	Chicken* parmesan casserole Green beans	Hearty taco salad with ground turkey and beans Corn and rice	In celebration of Jessica G.'s birthday: Creamy lemon chicken* pasta with sundried tomatoes Roasted asparagus	Honey garlic salmon Wild rice with veggies Broccoli
<b>AFTERNOON SNACK</b>	Sunbutter and apples	Berries and cheese	Yogurt parfait	Hummus and pita	Cottage cheese and pineapple

Milk is served with breakfast and lunch  
and water is served with afternoon snack.

Elmwood Stock Farm \*  
Reed Valley Orchard \*\*

