

BRIGHT HORIZONS AT LISLE – May 16th-20th, 2022

What's on the Menu?

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
BREAKFAST	Cheerios Bananas Organic Milk	Blueberry Muffin Peaches Organic Milk	French Toast Casserole Apples Organic Milk	Mini Pancake Muffins Pears Organic Milk	Chex Cereal Bananas Organic Milk
LUNCH	BBQ Baked Chicken Pinto Beans Steamed Carrots Pears Organic Milk Sub: Veggie BBQ Baked Chicken	Taco Casserole Steamed Peas Oranges Organic Milk Sub: Veggie Taco Casserole	Baked Ziti Steamed Green Beans Pears Organic Milk	Turkey Tetrazzini Steamed Cauliflower Oranges Organic Milk Sub: Veggie Turkey Tetrazzini	Turkey and Cheese Sandwiches on Whole Bread Steamed Mixed Veggies Pears Organic Milk
AFTERNOON SNACK	Oatmeal Squares Apples Water Sub: Crackers for infants	Pretzel Bites Pears Water	Graham Crackers Fruit Salad Water	Cheese Quesadilla Cucumber Slices Water	Blueberry Yogurt Bread Oranges Water



Vegetarian Alternative



Substitute for 2yrs & Under



- ▶ All meals are baked, not fried
- ▶ Vegetarian meal options available
- ▶ Fresh fruits and vegetables served daily
- ▶ Proteins include chicken, turkey, beef, tofu, cheese, and beans
- ▶ Whole milk served to children ages 12-24 months
1% milk served to children 24 months and older

