



## June 3<sup>rd</sup> – 7<sup>th</sup>, 2019

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>BREAKFAST</b>	Oatmeal with raspberries	Yogurt parfait with fruit and granola	Coconut muesli with berries	Maple cream of wheat with bananas and apples	Cheesy grits Cinnamon apples
<b>LUNCH</b>	Summer corn chowder with lime and cilantro  Fresh carrot sticks	French bread pesto chicken* pizza with tomatoes  Garlicky vegetable medley	Egg salad wraps with avocado and tomatoes  Berry salad	Coconut cod lettuce wraps with cabbage and Thai chili lime sauce  Pineapple rice	Red beans and rice with corn and peppers  Honey glazed carrots
<b>AFTERNOON SNACK</b>	Hummus with pita	Cocoa oatmeal bites	Sunbutter and cinnamon bread	Cottage cheese and mandarin oranges	Ham and cheese rollups

Milk is served with breakfast and lunch and water is served with afternoon snack.

Elmwood Stock Farm \*

Reed Valley Orchard \*\*

